# Genki Sukoyaka Health Checks 2024-2025

(令和6年度 東広島市元気すこやか健診の手引き)

In order to prevent the spread of coronavirus, health checks may be postponed or cancelled. If there are changes to the information in these pages, new information will be posted on the Higashihiroshima City website.

### [Enquiries and Applications]

Health Support Section, Medical Treatment and Health Division, Health and Welfare Department, Higashihiroshima City

Tel.: 082-420-0936 (Japanese only)

Fax: 082-422-2416

Email: hgh200936@city.higashihiroshima.lg.jp

Kurose Branch Office, Tel.: 0823-82-0220

Toyosaka Branch Office, Tel.: 082-432-2563

Kochi Branch Office, Tel.: 082-437-1109

Akitsu Branch Office, Tel.: 0846-45-2065

**※** Fukutomi Branch Office, and Hachihonmatsu, Shiwa and Takaya Sub-branch Offices can only accept applications.



### 1. How to apply for and take the health check 健診の受け方

### Group health checks 集団健診

Make a reservation (it is necessary to apply by postcard, or online.)

Decide the location where you wish to take the health check, and the checks you wish to undergo.

Applications must be received by the deadline for the location you choose!

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#### **Applying Online**

Please follow the instructions shown on the separate paper accompanying this information.

### Applying by Postcard:

Use the application postcard that you received with the health check vouchers. Fill in the postcard with the necessary information, and return it by post.

You can also apply by fax or in person.

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Whichever method you use to apply, you will be sent a medical examination questionnaire (in a green envelope) from Higashihiroshima Kinen Byoin Health Check Center (the organization conducting the checks on behalf of Higashihiroshima City) at least one week before the date of your health check.

#### Health checks at medical facilities 医療機関健診

### You do not need to apply by postcard.

Decide the medical facility where you wish to take the health check, and the checks you wish to undergo.

Ι

Make a reservation directly (by phone, in person, etc.) at the medical facility at which you wish to take the health check.

Applying for the **milestone periodontal disease check** (for those aged 20, 30, 40, 50, 60 or 70) follows the same procedures as above.

# If your health check results show 'treatment required' or 'detailed examination required', please visit a medical institution as soon as possible.

- \* 1 If you currently have symptoms that you are concerned about, please do not wait for the medical checkup, but visit a medical institution as soon as possible.
- \*2 Depending on your health check results, public health nurses and registered dietitians may visit you to provide health guidance, etc.
- \*3 Please be careful not to duplicate the same health check item at a group health check and a medical institution. The Genki Sukoyaka health check vouchers can be used only once during a financial year. If you take the same health check item twice during the same financial year, you will be responsible for the full amount.
- \*\*4 Details of those eligible are based on data correct as of April 1st, 2024. We apologize if you have been sent this information by mistake.

order that the results of the health check can be shared between the city and the medical organization conducting the health checks.

The Genki Sugoyaka health check is eligible for points for the 'Genki Kagayaki Point Scheme'. After the health check, please fill in the date on the corresponding page of the Genki Kagayaki points. After the handbook is collected, the city will check your health check status and give you points.

# 2. Types of health checks, and costs 健診料金·種類

Date for age calculations for eligibility: March 31st, 2025

Specific Hea	Ith Checks, Basic Health Checks					
Туре	Eligibility	-	ayable by the vidual	Details		
		Group	Medical facility			
Specific	Enrolled in National Health Insurance scheme in Higashihiroshima City (aged 40-74) (continuously enrolled until date of health check)		Interview by a doctor, examination, body/waist measurements (waist measurement is only for those aged between 40 and 74), blood pressure			
	Enrolled in National Health Insurance scheme in Higashihiroshima City part-way through the year (aged 40-74) (enrolled on or after April 2 <sup>nd</sup> , 2024)	F	Free	check, urine check, blood test (blood sugar, liver function, blood fats, kidney function, anemia, serum uric acid,		
Basic	Enrolled in Latter Stage Elderly Health Insurance scheme			albumin test)  Based on the results of the health check		
	Aged 39 or under	2000 yen	Not available	and on the decision of a doctor, the		
	Not enrolled in National Health Insurance scheme (aged 40 or over)	2000 yen	2300 yen	following checks may also be conducted: electro-cardiogram, fundoscopy		

# Milestone Periodontal Disease Checks (free for those enrolled in Higashihiroshima City National Health Insurance and those aged 70)

		Amount to be paid	d by the individual			
Check	Eligibility Group health Me		Medical facility	Method of examination		
		check	health check			
Milestone Periodontal Disease	Those aged 20, 30, 40, 50, 60, 70	Not available	500 yen	Examination (current situation of teeth and lost teeth / oral cleaning status / status of gums)		

## **Hepatitis Virus Checks, Cancer Checks**

			Amount to be paid by the individual											
Check (Method)	Eligibility		Those enrolled in health insurance other than Higashihiroshima City National Health Insurance			nrolled in iroshima ational nsurance late of the check)	Those exempt from municipal and prefectura tax  Those aged 70 or over (enrolled in health insurance other than Higashihiroshima City National Health Insurance)							
			Group health check	Medical facility health check	Group health check	Medical facility health check	Group health check	Medical facility health check						
	Those aged 4 Those who have			(Only this check) 1,700 yen										
Hepatitis B and C virus check (blood test)	a hepatitis B or C virus check at a city health check in the past. If you are currently being treated, have been treated, or are under observation for Hepatitis B or C, this check is not suitable.		700 yen	(At the same time as the specific or basic health check) 1,100 yen										
			Free for those aged 40, 45, 50, 55, 60 or 65		, Free	Free	Free	Free						
Lung cancer (chest X-ray)	Those aged 40 or over		200 yen	600 yen										
Lung cancer (sputum check) Only for those eligible	Those aged 50 or over with a smoking index of 600 or more are eligible for the sputum check.  Those aged 40 or over Those wearing an implantable defibrilator or pacemaker should refrain from an X-ray check.		Plus 600 yen	Plus 900 yen										
Stomach cancer (stomach X-ray)			1,500 yen	2,600 yen										
Stomach cancer (stomach camera) Only for those eligible	years old in cas doctor deems	Only for those over 40 years old in cases where a doctor deems the check necessary.		4,000 yen	Not available	Free	Not available	Free						
Intestinal cancer (2-days occult blood test)	Those aged 4	Those aged 40 or over		Those aged 40 or over		Those aged 40 or over		Γhose aged 40 or over		n 700 yen		Free	Free	Free
Cervical cancer (visual examination,	Those aged	Even- numbered ages	500 yen	1,000 yen	Free	1166	1166	1166						
internal examination, cytology)	20 or over (females)	Odd- numbered ages <u>※</u>	500 yen	Not available	Free	Not available	Free	Not available						
Breast cancer	Those aged 40 or over	Even- numbered ages	1,000 yen	1,500 yen	Free	Free	Free	Free						
(mammography)	(females)	Odd- numbered ages ※	1,000 yen	Not available	Free	Not available	Free	Not available						
Prostate cancer (blood test)		Those aged 50 or over (males)		Those aged 50 or over		Those aged 50 or over		1,900 yen	Free	Free	1,100 yen	1,100 yen		

X(those who did not have a cervical cancer check as part of the Genki Sukoyaka health check in the previous year)

# 3. Specific health checkups for dependents who are enrolled in social insurance, etc. 社会保険等に加入している扶養者の特定健診について

Please contact your health insurance or workplace to see if your dependents can take a specific medical check at the city group health check.

If your dependents are eligible for the city group health check, please decide your desired medical check date and apply by phone to the medical organization conducting the health checks, as shown below.

If your dependents also wish to receive cancer checks, it is necessary to apply separately.

Where to apply to: Higashihiroshima Kinen Byoin Health Check Center, tel.: 082-423-6662

# 4. Eligibility for free health checks 自己負担金無料対象者

Those in the following groups are eligible for free health checks. (For those not enrolled in Higashihiroshima City National Health Insurance, prostate cancer screening is charged.) Please take the relevant documents to the health check location on the day of your health check.

Thealth Check location on the	
Eligible group	Documents needed
Those exempt from municipal	Your 'Genki Sukoyaka Health Check' vouchers
and prefectural tax	A Certificate of Eligibility for Free Health Checks
Those in households receiving	How to apply for the Certificate of Eligibility if you will be receiving health checks at a medical
welfare subsidies	facility:
	Please apply in advance to have the Certificate of Eligibility for Free Health Checks issued. You can apply online or in person, at the location shown below.
	When applying, you will need the following:
	A document to confirm your identity (a My Number card, a Health Insurance Certificate, a driving license, etc.), or your 'Genki Sukoyaka Health Check' vouchers
	Where to apply for and receive your Certificate of Eligibility:
	The Medical Treatment and Health Division
	A branch office or sub-branch office of the City Office (Fukutomi Branch Office and
	the sub-branch offices are only able to accept applications)
	Please use the QR Code to the right to apply online.
	How to apply for the Certificate of Eligibility if you will be receiving group health checks:
	Please choose 'I agree to my tax status being confirmed' when applying online or using the application
	postcard. If you do not agree to this, you may not be able to receive free health checks.
	After you apply, the city will confirm the municipal and prefectural tax status for each household, and those
	eligible will be sent a Certificate of Eligibility for Free Health Checks along with the medical examination
	slip, etc.
Those aged 70 or over	Your 'Genki Sukoyaka Health Check' vouchers
(as of March 31st, 2025)	A Certificate of Eligibility for Free Health Checks is not needed. Only the prostate cancer check will be charged.
NEW: Those enrolled in	Your 'Genki Sukoyaka Health Check' vouchers
Higashihiroshima City National	Your National Health Insurance Card, etc.
Health Insurance (as of the time of the health check)	A Certificate of Eligibility for Free Health Checks is not needed.

## 5. Re-issuance of Health Check Vouchers 受診券の再発行

If you lose your health check vouchers, they can be reissued.

Please come to the Medical Treatment and Health Division in person, or apply online, using the QR Code to the right. If you apply online, it will take about a week for the vouchers to reach you.



### 6. Group health checks 集団健診について

Some of the health check locations have an upper limit on their capacity. Those who can take the health check will be decided by lottery. Please note that if the number of applicants reaches the capacity, we may inform you of another date for your health check. If we change the medical examination date due to the capacity, a notice will be sent at least three weeks before the health check date.

The reception time will be shown in the health check documents you will be sent at least one week before the health check date. Please come at the reception time shown.

The health checks may be postponed or canceled due to the weather or the spread of infectious diseases. If you need special consideration regarding the time of your health check, please let us know at the time of reservation.

For group health checkups, each individual can only receive checks at one venue.

We recommend making a reservation online (you can specify the reception time for your health check!) Reservations are accepted from Saturday June 1<sup>st</sup>, 2024 to Friday October 18<sup>th</sup>, 2024.

Search online for 'Higashihiroshima City Genki Sukoyaka Health Checks', or use the QR Code to the right to make a reservation for a group health check.



# 7. Canceling a group health check reservation, or changing the date 集団健診のキャンセル・日程変更等について

If you have applied online, you can cancel or change the date online.

However, you cannot cancel or change the date online after each application deadline, so please contact the city only when necessary as follows.

<u>To cancel a health check item</u>: There is <u>no need</u> to contact the city. If you are taking examinations other than the canceled health check item, please inform the reception at the health check location on the day of the health check items you wish to cancel.

To cancel the health check: There is no need to contact the city.

To add a health check item, to change the date of the health check, or to change the reception time for the health check: It is necessary to contact the city. Please contact the Medical Treatment and Health Division on 082-420-0936.

# 8. Childcare for group health checks (reservations necessary; limited places available) 集団健診の託児について(要予約・先着順)

Start date for applications for childcare: Monday July 1st

How to apply: Electronic application (online)- use the QR Code to the right to apply. After applying, the reservation will be completed with a confirmation email from the city.



Childcare capacity: 15 people/day (on a first-come-first-served basis)

Childcare eligibility: Preschool children only

Childcare acceptance time: From 9:00 a.m. to 10:00 a.m.

It is necessary to apply for the medical checkup separately to the application for childcare.

(Parents, please apply by specifying the health check reception time as ① 9:00-9:30 or ② 9:30-10:00.

# 9. Dates, locations and application deadlines for group health checks 集団健診の日程・会場

Ladies' days are shown with a ♥ in the table below. On these days, health checks are only available for females. It is necessary to apply, either online or using the application postcard. Even on ladies' days, members of staff, doctors, etc., may be male. Cervical cancer and breast cancer checks are available at all health check locations, not just locations offering ladies' days.

Days when childcare is available are shown with a  $\circ$  in the table below. For details about childcare, please see section 8.

Date	Location	Location Code	Deadline for Applications		
Tuesday July 9	Toyosaka Branch Office	78	To arrive by Friday		
Wednesday July 10	Toyosaka Branch Onice	/0	June 7		
Thursday July 18	Teranishi Community Center	12			
Friday July 19	reranishi Community Center	12	To arrive by Friday		
Wednesday July 24	Gota Community Center	15	June 14		
Thursday July 25	Gota Community Center	15	Julie 14		
Friday July 26	Minaga Community Center	16			
Tuesday August 6					
Wednesday August 7	Takaminaaka Cammunity Cantar	41	To arrive by Friday		
Thursday August 8	Takamigaoka Community Center	41	June 21		
Friday August 9					
Tuesday August 20	Misonou Community Center	14			
Wednesday August 21	Hara Community Center	23	To arrive by Friday		
Thursday August 22	Higashihiroshima City Agricultural Center (Shiwa-	00	July 5		
Friday August 23	cho Befu)	32	·		
Tuesday August 27	,				
Wednesday August 28		0.4	To arrive by Friday		
Thursday August 29	Hachihonmatsu Community Center	21	July 12		
Friday August 30			·		
Tuesday September 3					
Wednesday September 4	Akitsu Lifelong Learning Center (Akitsu Manyo Hall)	92	To arrive by Friday		
Thursday September 5			July 19		
Tuesday September 10	5 L	0.4			
Wednesday September 11	Fukutomi Health and Welfare Center	61	To arrive by Friday		
Thursday September 12	Zoka Community Center	42	July 26		
♥  Wednesday September	•				
25 (capacity 250 people)					
♥⊚ Thursday September 26					
(capacity 250 people)	Create Dark Commencions (Caile also Tarocale)	40	To arrive by Friday		
Friday September 27	Sports Park Gymnasium (Saijo-cho Taguchi)	13	August 2		
(capacity 300 people)					
Saturday September 28					
(capacity 300 people)					
Tuesday October 1 (capacity					
300 people)					
Wednesday October 2	Kurose Lifelong Learning Center	52	To arrive by Friday		
(capacity 300 people)	Nurose Lifetoria Learning Center	52	August 16		
Thursday October 3 (capacity					
300 people)					

Friday October 4 (capacity 300 people) Saturday October 5 (capacity 300 people) Sunday October 6 (capacity 300 people)			
Wednesday October 16 Thursday October 17 Friday October 18	Kochi Health and Welfare Center  Nyuno Community Center	81 82	To arrive by Friday August 30
♥⊚ Tuesday October 22 (capacity 250 people) Wednesday October 23			
(capacity 300 people)  ○ Thursday October 24 (capacity 250 people)			
Friday October 25 (capacity 300 people)			
© Saturday October 26 (capacity 250 people)	General Welfare Center	11	To arrive by Friday
Sunday October 27 (capacity 300 people)  Sunday October 28 (capacity 250 people)  Tuesday October 29 (capacity 300 people)  Wednesday October 30 (capacity 300 people)			September 6
Thursday October 31 (capacity 300 people) NEW: Thursday November	Youme Mall Saijo	148	To arrive by Friday
21	Checks available: lung cancer, breast cancer, intestinal cancer Please use this location after shopping!	140	October 18

At the Youme Mall Saijo venue, you cannot receive health checks other than the lung cancer check, breast cancer check, and intestinal cancer check. If you have a lung cancer check or breast cancer check at the Youme Mall Saijo venue, please visit a medical institution for other health check items.

# 10. List of medical facilities offering health checks 医療機関健診一覧表

■Cancer checks, basic health checks, and hepatitis virus checks are **only available at medical facilities** within Higashihiroshima City, as shown in the list below.

Specific health checks can be taken at medical facilities within Hiroshima Prefecture that offer such checks. For details of these medical facilities, please see the list on the Higashihiroshima City website.

■ Health checks are available between June 1st, 2024, and January 31st, 2025.

Please note that some medical facilities may cease to offer checks even during the period above.

### Medical Facilities offering Genki Sukoyaka health checks (as of April 2024):

_	Key to symbols below:	O: Health check offered											
	Medical Facility	Address	Telephone Numbe	Specific Health Check	Basic Health Checks	Hepatitis Virus	Lung Cancer	Stomach Cancer (barium)	Stomach Cancer (stomach camera)	Intestinal Cancer	Cervical Cancer	Breast Cancer	Cancer
1	Asoka-no-Sono Takeshima Iin	Saijo Nishi-Honmachi 25-29	082-422-2073	0	0	0	0			0	$\vdash$	_	(
ł	Inokuchi Byoin	Saijo Dovomaru 6-1-91	0120-706-076	0	0	0	0	0	0	0	0	0	_
ł	Urabe Sanfujinka	Saijo-cho Sukezane 1172	082-431-4103				_				0	_	+
ł	Okazaki Hinyokika	Saijo Sakae-Machi 10-30 Kyoei Sakae-Machi Building 201	082-431-3876	0	0	0	_			0		-	(
ł	Kajiwara Naika Junkanki Naika	Saijo-cho Taguchi 2721-2	082-420-2225	0	0	0	$\vdash$			0	_	-	+
ł	Kadozawa Iin	Saijo Shitami 6-10-4	082-422-0980	0	0	0	0			0	_	-	+
ł	Kawaguchi Naika Clinic	Saijo Chuo 7-1-17	082-422-3518	0	0	0	0	0	0	0	_	$\vdash$	(
ł	Kisaka Clinic	Saijo Honmachi 12-2	082-422-2502	0	0	0	0		0	0	_	-	
ł	Kisaka Iin	Saijo-cho Doyomaru 1235	082-421-0800	0	0	0	0		0	0	$\vdash$	-	
ł	Kubonishi Shonika•Naika Clinic	Saijo-cho Osawa 98-1	082-420-2222	0	0	0	0			0	_	-	
ł	Saijo Sukoyaka Naika	Saijo-cho Sukezane 1172 3F	082-420-2222	0	0	0	0			0	+	$\vdash$	
ł	Saijo Chuo Byoin	Saijo Showa-machi 12-40	082-423-3050	0	0	0	0	0	0	0	$\vdash$	$\vdash$	
ł	Saijo Tokiwa Clinic	Saijo Chuo 5-4-1	082-493-5115	0	0	0	0	0	0	0	0	0	_
ł	Sun Clinic		082-493-5115	0	0	0	0	0	0	0			1
ł	Sun Clinic Minaga	Saijo-cho Saijo-Higashi 1281-5 Saijo-cho Shimo-Minaga 10354-1		0	0	0	0			0	$\vdash$	$\vdash$	
ł	Shimoyama Kinen Clinic	Saijo-cho Jike 7432-1	082-420-6780 082-424-1121	0	0	0	0		0	0	$\vdash$	$\vdash$	
ł				0	0	0	0		0	0	$\vdash$	$\vdash$	
ł	Jike Eki-mae Naika Tonyobyo Naika Clinic	Jike Eki-Mae14-17-301	082-493-5566		0	_	_			_	$\vdash$	$\vdash$	_
ŀ	Jike Naika Clinic	Saijo-cho Jike 6621-1	082-493-8555	0		0	0		0	0	₩	$\vdash$	
ŀ	Sekito Naika Shokakika Clinic	Saijo-cho Misonou 5489-5	082-493-8551	0	0	0	0		0	0	-	₩	
	Sone Naika Clinic	Saijo-cho Misonou 4281-1 Higashihiroshima Clinic Building	082-426-6855	0	0	0	0			0	₩	_	$\perp$
	Taniguchi Noshinkeigeka Clinic	Saijo Honmachi 12-2-2F	082-421-7888	0	0	0	-			0	+-	_	+
	Tomoyasu Clinic	Saijo-cho Jike 1319-1	082-422-1900	0	0	0	0			0	—	₩	+
	Nakamae Geka · Naika Clinic	Saijo-cho Sukezane 1854-1	082-423-8200	0	0	0	0		0	0	—	—	$\perp$
	Nozomi Seikeigeka Clinic Saijo	Saijo-cho Sukezane 1182-1	082-422-6000	0	0	0	0			0	$\perp$	_	$\perp$
	Noda Iin	Saijo Chuo 3-5-6	082-422-3323	0	0	0	0			0			1
	Hara Clinic Higashihiroshima	Saijo Sakae-Machi 2-23	082-423-2332	0	0	0	0			0			
	Higashihiroshima Kinen Byoin Health Check Center	Saijo-cho Yoshiyuki 2214	082-423-6662	0	0	0	0	0	0	0	0	0	J
	Higashihiroshima Chuo Clinic	Saijo-cho Misonou 8537-1	082-426-6883	0	0	0	0		0	0			T
-	Hiroshima Kenritsu Sogo Rehabilitation Center	Saijo-cho Taguchi 295-3	082-425-1455	0									$\top$
	Fujii Noshinkei Geka	Saijo-cho Umaki 245	082-425-0211	0	0								+
	Fujiwara Naika Iin	Saijo-cho Misonou 2421-4	082-422-6262	0	0	0	0	0	0	0	-	-	+
	Honjo Naika Shonika	Saijo Chuo 8-3-3	082-422-6744	0	0	0	_				$\leftarrow$	_	+
	Masumoto Nyusen Clinic	Saijo Honmachi 12-2 Kisaka Clinic Building 3F	082-424-2633				_			0	_	0	+
	Matsubayashi Ladies Clinic	Saijo-cho Misonou 4281-1 Higashihiroshima Clinic Building	082-493-8600		$\vdash$		+-				0	_	+
	Miura Iin			0		0		0	0	0		$\vdash$	+
	18.00 16 N=45 8.00 6.	Saijo Nishi-Honmachi 27-28	082-422-3080	0	0	0	0	_					+
	Motonaga Byoin	Saijo Okamachi 8-13	082-423-2708	0	0	0	0	0	0	0	0	0	+
	Yukawa Noshinkeigeka Clinic	Saijo Doyomaru 5-9-34	082-493-6177		0	0				0	₩	$\vdash$	+
	Ishii Iin	Hachihonmatsu-cho Shoriki 2147-2	082-420-1411	0	0	0	0	0	0	0	₩	₩	1
	Sasaki Iin	Hachihonmatsu-cho Hara 6769	082-429-0255	0	0	0	0			0	—	$\vdash$	+
ŀ	Takahashi Home Clinic	Hachihonmatsu Iida 6-16-12	082-428-0147	0	0	0	0		0	0	ـــــ	ـــــــــــــــــــــــــــــــــــــ	$\perp$
ļ	Naito Naika • Tonyobyo Clinic	Hachihonmatsu-Minami 2-2-8	082-437-3110	0	0	0	0			0		₩	$\perp$
	Nakata Naika Iin	Hachihonmatsu-Minami 5-9-14	082-497-3077	0	0	0	0	0		0		$\perp$	+
	Hachihonmatsu Byoin	Hachihonmatsu-Higashi 3-9-30	082-420-1230	0	0	0	0	0	0	0		0	$\perp$
	My Clinic	Hachihonmatsu-Higashi 3-31-26	082-497-3232	0	0	0	0		0	0		$\perp$	$\perp$
	Matsuda Iin	Hachihonmatsu-cho Iida101	082-428-0019	0	0	0				0	0	$\perp$	$\perp$
	Yamada Noshinkeigeka	Hachihonmatsu-cho Iida111-1	082-427-1110	0	0								
	Saeki Iin	Shiwa-cho Shiwa-Higashi 1199-4	082-433-3733	0	0	0	0		0	0			
	Shiwa Iin	Shiwa-cho Shichijo-Kabusaka 1643-1	082-433-2228	0	0	0	0			0			
	Miki Iin	Shiwa-cho Befu 1324	082-433-2501	0	0	0	0	0		0			Т
	Imajo Clinic	Takaya-cho Hiyama 79-1	082-426-6830								0		Т
	Kadokawa Naika Iin	Takaya-cho Kodani 2944-10	082-434-6010	0	0	0	0		0	0			Т
	Kawanaka Iin	Takaya-cho Miyaryo 1032	082-434-0138	0	0	0	0			0			$\top$
	Konishi Nogeka Naika Iin	Takaya-cho Zoka 2957-1	082-430-2020		0	0	0			0			$^{\dagger}$
-	Sakamoto Clinic	Takaya-cho Kinehara 957-1	082-434-6610	0	0	0	Ť			0	$\Box$	$\Box$	$\dagger$
	Shiraichi Shinryosho	Takaya-cho Shiraichi 716-1	082-434-2020	0	0	0	0	0		0	<u> </u>	+	+
	Zoka Nobuhara Iin	Takaya-cho Zoka 737-2	082-434-2020	0	0	0	0			0	$\vdash$	$\vdash$	+
-	Takamigaoka Clinic	Takaya Takamigaoka 4-33-1	082-434-8110	0	0	0	0	0	0	0	+-	+	+
	Takamigaoka Clinic Takami Chuo Clinic	Takaya Takamigaoka 4-33-1 Takaya Takamigaoka 5-2-1	082-434-8110	0	0	0	0	0		0	$\vdash$	+	+
	Takami Chuo Clinic Takaya Yorozu Naika Clinic		082-434-1128				_		0		$\vdash$	+	+
		Takaya-cho Kinehara 1826-1		0	0	0	0	0	0	0	$\vdash$	+	+
-	Nanbu Naika Iin	Takaya-cho Kodani 3253-1	082-434-7822	0	0	0	_	0	0	0	_	+	+
	Fujiwara Iin	Takaya-cho Hiyama 448-1	082-434-0029	0	0	0	0	0	_	0	+-	+-	+
-	Honda Clinic	Takaya-cho Kinehara 1292-1	082-434-8811	0	0	0	0		0	0	+-	_	+
-	Makida Clinic	Takaya-cho Nakashima 31-17	082-491-1751	0	0	0	0		0	0	<u> </u>	₩	1
	Yokoyama Sanfujinka	Takaya-cho Nakashima 168	082-434-7777		$\sqcup$	0				0	0	<del></del>	1
	Okamoto Naika Shokakika	Kurose-cho Kanehiro 138	0823-83-1611		0	0	_		0	0	_	$\perp$	L
	Kosei Byoin	Kurose-cho Narahara 757	0823-82-3113	0	0	0	0			0		$\perp$	ľ
	Sazan Clinic	Kurose-cho Kanehiro 137-8	0823-83-6171	0	0	0	0			0			
	Shimizu Iin	Kurose-cho Maruyama 1324	0823-82-2011	0	0	0	0			0			T
	Shin-ai Byoin	Kurose-cho Kanehiro 279	0823-70-4011	0	0	0				0			T
	Shinkai Iin	Kurose-cho Kanesawa 1074	0823-82-2074	0	0	0	0		0	0			Ť
	Maeda Iin	Kurose-cho Kunichika 335-1	0823-82-2179	0	0	0	0		0	0	$\overline{}$		$\dagger$
-	Matsugaoka Iin	Kurose Matsugaoka 10-21	0823-82-0123	0	0	0			-	0	<b>T</b>		+
	Yamagata Naika Junkanki Iin	Kurose-cho Narahara 243-6	0823-82-4577	0	0	0	0			0	$\overline{}$	$\vdash$	+
	Kuba Shinryosho	Fukutomi-cho Kuba 3797-1	082-435-2345	0	0	0	0		0	0	+	+	+
	Fukutomi Naika Geka Iin	Fukutomi-cho Kuba 3797-1 Fukutomi-cho Kuba 1539-27	082-435-2345	0	0	0	0	_		0	+	+	+
	Toyosaka Shinryosho	Toyosaka-cho Nomi 3009	082-432-2005	0	0	0	0			0			T
	Kochi Clinic	Kochi-cho Nakagochi 1197-1	082-420-7665		0	0	0			0			+
					$\vdash$		+				₩	_	+
		Albertal Manager 1110	0040 40	^								1	
	Ono Naika Clinic	Akitsu-cho Kazahaya 1118-14	0846-46-1213	0	0	0	0			0	_	_	+
	Ono Naïka Clinic Kanda Iin	Akitsu-cho Kazahaya 1522	0846-45-0039	0	0	0				0			$\pm$
	Ono Naika Clinic				_		0	0	0		0	0	<del> </del>

# 節

# 11. List of dental facilities offering milestone periodontal disease checks 目歯周疾患健診実施歯科医院一覧表

Milestone periodontal disease checks are available between June 1st, 2024, and January 31st, 2025.

If there are changes to the information shown below, these changes will be posted on the Higashihiroshima City website.

Milestone periodontal disease checks are available for those aged 20, 30, 40, 50, 60 and 70 years of age. Please note that health check vouchers for periodontal disease checks are not issued to those who are not aged 20, 30, 40, 50, 60 or 70.

### Facilities offering milestone periodontal disease checks (as of April 2024):

Town	Medical Facility	Address	Telephone
	Aozora Shika	Saijo-cho Yoshiyuki 2135-1	082-430-7557
	Ikeda Shika Clinic	Jike Eki-mae 14-17 Jike Eki-mae Clinic Building 201	082-493-5711
	Imatani Shika Arion	Saijo-cho Jike 6598-10	082-490-3725
	Utanohara Shika	Saijo Gojo-cho 3-19	082-422-3744
	Okada Dental Clinic	Saijo-cho Jike 4846-1	082-431-3321
	Kawaguchi Shika lin	Saijo Sakae-machi 1-4 Flat Form 201	082-422-2039
	Kawano Shika	Saijo Chuo 1-16-6 Villa Katorea 2F	082-420-8181
	Kimura Shika lin	Saijo Chuo 3-5-11	082-423-8885
	Kirara Shika	Saijo-cho Jike 3791-1	082-422-3513
	Clover Dental	Jike Eki-mae 13-20 Jike Eki-mae Residence ICZ	082-423-3955
	Saijo Plaza Shika	Saijo Sakae-machi 10-30-301	082-422-4560
	Satakeda Shika Iin	Saijo-cho Saijo-Higashi 1282-2	082-431-5999
	Sakura Family Shika	Saijo Nishi-Honmachi 28-30 Halows Higashihiroshima 3F	082-490-5522
	Satomi Shika	Saijo-cho Shitami 4343-2	082-422-4300
	Shigekawa Dental Clinic Saijo-cho Jike 7371-1		082-430-5489
Saijo	Soeda Shika Iin	Saijo Doyomaru 2-2-41	082-423-7755
	Dai-ni Yabumoto Shika Iin	Saijo-cho Taguchi 3452-1	082-425-6480
	Takahashi Shika lin	Saijo-cho Misonou 1905-4	082-422-8148
	Takahiro Dental Clinic	Saijo-cho Misonou 4302 (Fuji-Grand Higashihiroshima)	082-422-9600
	Tajima Shika lin	Saijo-cho Jike 7938-4	082-431-5525
	Nagai Shika lin	Saijo Sakae-machi 6-20 La Foret Saijo Building 3F	082-422-3600
	Nanba Shika Kyosei Shika	Saijo Kamiichi-cho 6-23 El Urban Building 1F	082-420-0200
	Nishihara Shika	Saijo Chuo 4-4-5	082-421-8118
	Nozaki Shika Iin Higashihiroshima Otona Kodomo Kyosei Shika	Saijo Chuo 6-12-16	082-424-5100
	Nonoyama Kyosei Shika lin	Saijo-cho Misonou 5484-6	082-420-8790
	Hamo Shika Clinic	Saijo-cho Misonou 4281-1-301	082-421-6480
	Hayashi Shika Shinryosho	Saijo Showa-machi 13-37 Supreme Matsuya Building 2F	082-423-9195
	Fuji Shika Clinic	Saijo Doyomaru 1-5-26	082-421-0001
	Frontier Shika Clinic	Saijo Showa-machi 9-4	082-423-9833
	Misonou Shika Clinic	Saijo-cho Misonou 6280-1	082-421-1182

	Midori Shika lin	Saijo Otsubo-cho 2-12	082-423-8880
	Minna no Shika Clinic	Saijo-cho Jike 5544-18	082-426-5218
	Munechika Shika Iin	Saijo-cho Taguchi 2725-1	082-425-2521
	Mori Shika lin	Saijo Sakae-machi 2-21	082-423-7227
	Yabumoto Shika Clinic	Saijo Okamachi 3-25	082-421-5655
	Yamada Shika lin	Saijo-cho Saijo-Higashi 1243-3	082-423-6457
	Yumemirai Shika Kyosei Shika Saijo	Saijo-cho Sukezane 1172 (2F)	082-437-4685
	Yuri-no-Ki Shika	Saijo Nishi-Honmachi 16-15	082-424-0228
	Yotsuba Family Shika Clinic	Saijo-cho Doyomaru 1552 S-House 101	082-423-6123
	Utanohara Shika Honin	Hachihonmatsu lida 3-4-10	082-428-0120
I	Etoile Shika	Hachihonmatsu Minami 4-1-28	082-420-1855
Hachihonmatsu	Sato Shika	Hachihonmatsu Minami 2-2-8	082-428-5505
ihoni	Tsuboshima Shika Shinryosho	Hachihonmatsu lida 5-8-32	082-428-7177
mats	Naito Shika lin	Hachihonmatsu-cho Yonemitsu 640-2	082-497-0780
Ĕ	Hirohata Shika Iin	Hachihonmatsu Higashi 6-11-15	082-428-8585
	Masumoto Shika lin	Hachihonmatsu Nishi 1-12-22	082-427-0077
Chius	Inoue Shika lin Shiwa-cho Shichijo-Kabusaka 462-3		082-433-2029
Shiwa	Yamagata Shika lin	Shiwa-cho Shichijo-Kabusaka 1436-14	082-433-5454
	Asakura Shika Iin Takaya-cho Zoka 3595-2		082-436-1000
	lin Ha-no-Kenko Doctor Takaya-cho Takaya-Higashi 2389-1		082-434-8500
	Ito Shika lin	Takaya-cho Kinehara 1296-1	082-434-0585
	Otani Shika	Takaya-cho Kinehara 1108-15	082-439-0001
Takaya	Smile Dental Clinic	Takaya-cho Nakashima 451-5 Ito Building 2F	082-420-4380
	Takamigaoka Shika lin	Takaya-cho Takamigaoka 5-1-19	082-434-7648
	Fujita Shika lin	Takaya-cho Nakashima 429-1 2F	082-426-5514
	Fujiwara Shika Iin	Takaya-cho Hiyama 452	082-434-7500
	Yukawa Shika Clinic	Takaya-cho Kodani 3300	082-434-8255
	Kato Shika Clinic	Kurose-cho Narahara 276-7	0823-82-8241
	Kikkawa Shika Clinic	Kurose-cho Narahara 100-1 Youme Town Kurose 2F	0823-83-0117
Kurose	Kimura Shika Iin	Kurose-cho Maruyama 1420-1	0823-82-5522
	Shigemoto Shika Clinic	Kurose-cho Kanehiro 141	0823-83-6055
	Hazutani Shika lin	Kurose-cho Nominoo 1083-1	0823-82-8444
Mark!	Oshin Shika Oda	Kochi-cho Oda 2182 Inside Oda Community Center	082-401-1234
Kochi	Sasaki Shika Clinic	Kochi-cho Nakagochi 655-1	082-420-7700
A1-5	Ito Shika Clinic	Akitsu-cho Mitsu 4209-9	0846-45-0272
Akitsu	Tsuchida Shika lin	Akitsu-cho Mitsu 4385-3	0846-45-1177
Fukutomi	Hayashi Shika Fukutomi Shinryosho	Fukutomi-cho Kuba 3700-1	082-435-2777

# 12. There are two ways to apply for a group health check 集団健診の申込方法は 2 诵り

Please apply only once, either online, or by using the application postcard.

### **Applying online:**

Scan the QR Code to the right, and follow the steps shown in the accompanying leaflet.

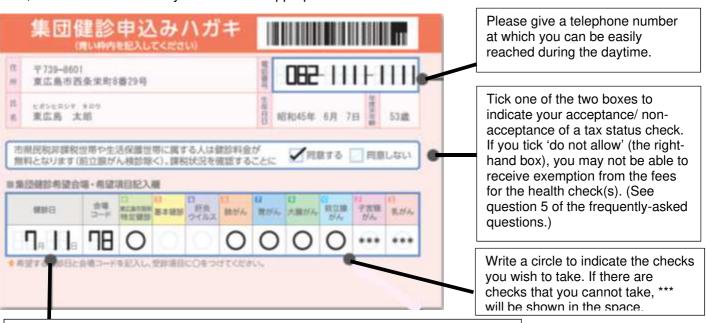
Applications can be accepted 24 hours a day, and you can specify the time when you wish to take the health check.

#### Applying using the application postcard:

Fill in the application postcard, and send it so that it arrives by the application deadline. Please note that when applying by postcard, the reception time for your health check will be specified by the Medical Treatment and Health Division.

### Example of how to fill in the postcard:

The application postcards for group health checks are read by machine. In boxes where there are faint dotted lines, trace the lines to fill in your details as appropriate.



Choose where and when you wish to take the check, and the checks you wish to take. Please check the schedule in chapter 3, and fill in the date and location code.

		cation postcar		oup hea	alth che	eck	(Barcode)				
Address					Telepho	ne	-	-			
Name					Date of	birth			Age as of March 31st, 2024		
Permission	Permission for tax status check for health checks: ☐ Allow ☐ Do not allow										
■Preferre	d location	for the group health	n check, a	nd desired	checks						
Date	Location code	6 Specific (Higashihiroshima City National Health Insurance)	⑤ Basic	④ Hepatitis virus	8 Lung cancer	(7) Stomach cancer	9 Intestinal cancer	10 Prostate cancer	② Cervical cancer	③ Breast cancer	
mm / dd											

### 13. Health check vouchers 受診券について

Japanese	English
R6 年度東広島市 元気すこやか健診 受診券 (集団健診、医療機関共通)	Health check vouchers for 2024-25 Genki Sukoyaka Health Checks (for both group health checks and checks at medical facilities)
対象者抽出日:令和6年4月1日	Date for determination of eligibility: April 1st, 2024
有効期間: 令和7年1月31日まで有効	Valid until January 31st, 2025
東広島市 節目歯周疾患検診 受診券	Higashihiroshima City Milestone Periodontal Disease Check Voucher
対象者: 20歳・30歳・40歳・50歳・	Eligibility: those aged 20, 30, 40, 50, 60 and 70
60 歳・70 歳	
子宮頸がん検診	Cervical cancer check
乳がん検診	Breast cancer check
B型・C型肝炎ウィルス検診	Hepatitis B and C virus check
基本健診(後期高齢等)	Basic health check (Latter Stage Elderly Health Insurance scheme, etc.)
特定健診	Specific health check
胃がん検診	Stomach cancer check
肺がん検診	Lung cancer check
大腸がん検診	Intestinal cancer check
前立腺がん検診	Prostate cancer check
自己負担金	Amount to be paid by the individual
東広島市国民健康保険被保険者と 70 歳 以上の人は無料	Free for those enrolled in Higashihiroshima City National Health Insurance and for those aged 70 or over
70 歳以上及び 40 歳、45 歳、50 歳、60	Free for those aged 70 or over, and for those aged 40, 45, 50,
歳、65歳の人は無料。	60 and 65
対象:現在B型C型肝炎で治療中、治	Eligibility: Those who are not currently being treated, have not
療後、経過観察中ではない人、過去に	been treated, or are not under observation for Hepatitis B or C, are eligible. Also, those who have never received this
市の健診でこの検査を受けたことがな	check at a city health check in the past are eligible.
い人	

#### Points to note:

- 1. Please be careful not to apply for the same health check multiple times. Genki Sukoyaka Health Check vouchers can only be used once per financial year. If you take the same health check more than once, you will need to pay the whole cost of the check.
- 2. Please be sure to bring your health check vouchers and health insurance certificate when you take the health check(s).
- 3. Please do not cut the health check vouchers. Take them with you to the group health check or to the medical facility where you are to receive the health check.
- 4. If you join another form of health insurance part-way through the financial year, you will not be able to use health check voucher for the specific health check.