

Genki Sukoyaka Health Checks 2023-2024

(令和5年度 東広島市元気すこやか健診の手引き)

In order to prevent the spread of coronavirus, health checks may be postponed or cancelled. If there are changes to the information in these pages, new information will be posted on the Higashihiroshima City website.

【Enquiries and Applications】

Health Support Section, Medical Treatment and Health Division, Health and Welfare Department,
Higashihiroshima City

Tel.: 082-420-0936 (Japanese only)

Fax: 082-422-2416

Email: hgh200936@city.higashihiroshima.lg.jp

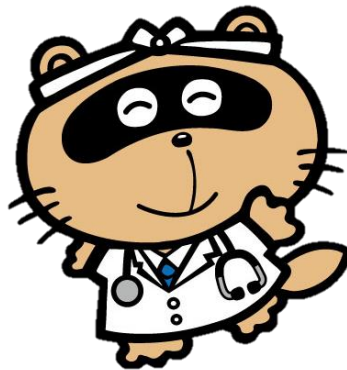
Kurose Branch Office, Tel.: 0823-82-0220

Toyosaka Branch Office, Tel.: 082-432-2563

Kochi Branch Office, Tel.: 082-437-1109

Akitsu Branch Office, Tel.: 0846-45-2065

※ Fukutomi Branch Office, and Hachihonmatsu, Shiwa and Takaya Sub-branch Offices can only accept applications.



1. How to apply for and take the health check 健診の受け方

Group health checks 集団健診

Make a reservation (it is necessary to apply by postcard, or online.)

Decide the location where you wish to take the health check, and the checks you wish to undergo.



Applying by Postcard:

Use the application postcard that you received with the health check vouchers. Fill in the postcard with your **preferred health check date and location and the health checks you want to take**, and return it by post.

You can also apply by fax or in person.

Applications must arrive by the deadline for the location at which you wish to take the health check!

Applying by QR Code:

Scan the QR Code shown on the health check vouchers, and apply from the Citizens' Portal Site.



Whichever method you use to apply, you will be sent a questionnaire (in a green envelope) and your health check vouchers from Higashihiroshima Kinen Byoin Health Check Center (the organization conducting the checks on behalf of Higashihiroshima City) **between ten days and one week before the date of your health check.**

Applying online:

Please refer to chapter 7 (How to apply for a group health check).

Health checks at medical facilities 医療機関健診

You do not need to apply by postcard.

Decide the medical facility where you wish to take the health check, and the checks you wish to undergo.



Make a reservation directly (by phone, in person, etc.) at the medical facility at which you wish to take the health check.

If you qualify for free health checks, you can obtain a certificate to show this (a Certificate of Eligibility for Free Health Checks). Please contact the Medical Treatment and Health Division before you take the health check. For details, please see Q2 of the Frequently Asked Questions.

If you are 70 years of age or older, you do not need to obtain the certificate.

Applying for the **milestone periodontal disease check** (for those aged 40, 50 or 60) follows the same procedures as above.

Please note the following:

If the results of your health check show that you need treatment or further checks, please go to a medical facility as soon as possible.

Depending on the results of your health check, a health worker, etc., may visit or contact you to give you advice on your health.

Even if the result of your health check shows 'No abnormalities found', if you have any symptoms, etc., that concern you, please visit a medical facility to have the symptoms checked.

The results of the health check are shared between Higashihiroshima City and the organization conducting the checks, so personal information relating to the health check may be provided to medical facilities.

2. Types of health checks, and costs 健診の種類・料金について

Date for age calculations: March 31st, 2024

Specific Health Checks, Basic Health Checks					
Type	Eligibility		Amount payable by the individual		Details
			Group	Medical facility	
Specific	Enrolled in National Health Insurance scheme in Higashihiroshima City (aged 40-74) (continuously enrolled until date of health check)		Free		Interview by a doctor, examination, body/waist measurements (waist measurement is only for those aged between 40 and 74), blood pressure check, urine check, blood test (blood sugar, liver function, blood fats, kidney function, anemia, serum uric acid) Based on the results of the health check and on the decision of a doctor, the following checks may also be conducted: electro-cardiogram, funduscopy
Basic	Enrolled in National Health Insurance scheme in Higashihiroshima City part-way through the year (aged 40-74) (enrolled on or after April 2 nd , 2023)				
	Enrolled in Latter Stage Elderly Health Insurance scheme				
	Aged 39 or under		2000 yen	Not available	
	Not enrolled in National Health Insurance scheme (aged 40 or over)		2000 yen	2300 yen	
Hepatitis Virus Checks, Cancer Checks (these checks (excepting the prostate cancer check) are free for those aged 70 or over)					
Hepatitis B and C virus	Aged 40 or over Free for those aged 40, 45, 50, 55, 60 and 65. This check is for those who have never had a hepatitis B or C virus check at a city health check in the past. The check is not suitable for those who are currently receiving treatment for hepatitis B or C, those receiving ongoing checks, or those who have received treatment.		700 yen	(Only this check) 1,700 Yen	Check for hepatitis B and C viruses in the blood
				(At the same time as the specific or basic health check) 1,100 Yen	
			Free for those aged 40,45, 50, 55, 60, 65		
Lung cancer	Aged 40 or over Those aged 50 or over with a smoking index of 600 or more are eligible for the sputum check.		200 yen	600 yen	Chest X-ray ※ For those aged 65 or over, a tuberculosis check will be carried out at the same time.
			Those eligible for the sputum check		
			Plus 600 yen	Plus 900 yen	
Stomach cancer	Aged 40 or over Those fitted with a pacemaker should refrain from taking the check using barium.		1500 yen (barium)	2600 yen (barium)	Stomach X-ray (barium check) ※ At medical facilities, only those who are not able to undergo a barium check are eligible for a check using a stomach camera.
				4000 yen (stomach camera)	
Intestinal cancer	Aged 40 or over		400 yen	700 yen	Test for blood in the stool (two-day method)
Cervical cancer	Aged 20 or over (females)	Even-numbered ages	500 yen	1000 yen	Extraction of cells from the cervix, and check for cancer cells
		Odd-numbered ages (those who did not have a cervical cancer check as part of the Genki Sukoyaka health check in the previous year)	500 yen	Not available	
Breast cancer	Aged 40 or over (females)	Odd numbered ages	1000 yen	1500 yen	Mammography ※Physical examinations are not conducted.
		Even-numbered ages (those who did not have a breast cancer check as part of the Genki Sukoyaka health check in the previous year)	1000 yen	Not available	
Prostate cancer	Aged 50 or over (males)		1100 yen (no free checks)	1900 yen (no free checks)	
Milestone Periodontal Disease Checks (free only for those aged 70)					
Milestone periodontal disease	Aged 40, 50, 60 or 70		Not available	500 yen	Examination of the inside of the mouth to check for cavities, gum disease, etc.

3. Dates, locations and application deadlines for group health checks

集団健診の日程・会場



The number of applicants is shown on the website. Please check using the QR Code if you wish to avoid busy days.

Reception times are from 8:30 (some locations may have different reception times).

You will be given a reception time (enclosed with the health check questionnaire, etc.). Please check this time, and ensure that you come to the reception at the time specified. If you applied online, the time will be the one you specified when you made the application. If you applied using the application postcard, the time will be specified by the city.

Ladies' days are shown with a ♡ in the table below. On these days, health checks are only available for females. It is necessary to apply, either online or using the application postcard. Even on ladies' days, members of staff, doctors, etc., may be male. Cervical cancer and breast cancer checks are available at all health check locations, not just locations offering ladies' days.

Days when childcare is available are shown with a ☺ in the table below. Up to 15 children can be accommodated, but reservations are required. Telephone reservations can be accepted for childcare from July 1st, on a first-come-first-served basis. It is necessary to apply separately for the health check, either online or using the application postcard.

Date	Location	Location Code	Deadline for Applications
Tuesday July 11	Toyosaka Branch Office	78	To arrive by Friday June 16
Wednesday July 12			
Friday July 21	Teranishi Community Center	12	To arrive by Friday June 23
Saturday July 22			
Wednesday July 26	Gota Community Center	15	
Thursday July 27			
Friday July 28	Minaga Community Center	16	
Tuesday August 1	Takamigaoka Community Center	41	To arrive by Friday June 30
Wednesday August 2			
Thursday August 3			
Friday August 4			
Friday August 18	Misonou Community Center	14	To arrive by Friday July 21
Tuesday August 22	Hara Community Center	23	
Wednesday August 23	Higashihiroshima City Agricultural Center (Shiwa-cho Befu)	32	
Thursday August 24			
Tuesday August 29	Hachihonmatsu Community Center	21	To arrive by Friday July 28
Wednesday August 30			
Thursday August 31			
Friday September 1			
Tuesday September 5	Akitsu Lifelong Learning Center (Akitsu Manyo Hall)	92	To arrive by Friday August 4
Wednesday September 6			
Thursday September 7			
Tuesday September 12	Fukutomi Health and Welfare Center	61	To arrive by Friday August
☺ Wednesday September			

13			18
Thursday September 14	Zoka Community Center	42	
Tuesday September 26	Kurose Lifelong Learning Center	52	To arrive by Friday August 25
Wednesday September 27			
Thursday September 28			
Friday September 29			
Saturday September 30			
Tuesday October 3	Sports Park Gymnasium (Saijo-cho Taguchi)	13	To arrive by Friday September 1
Wednesday October 4			
♥☺ Thursday October 5			
Tuesday October 17	Kochi Health and Welfare Center	81	To arrive by Friday September 15
Wednesday October 18			
Thursday October 19	Nyuno Community Center	82	
Tuesday October 24	General Welfare Center	11	To arrive by Monday September 25
♥☺ Wednesday October 25			
♥☺ Thursday October 26			
Friday October 27			
♥☺ Saturday October 28			
Sunday October 29			
Monday October 30			
♥☺ Tuesday October 31			
Wednesday November 1			

4. List of medical facilities offering health checks 医療機関健診一覧

■Cancer checks, basic health checks, and hepatitis virus checks are **only available at medical facilities within Higashihiroshima City**, as shown in the list below.

Specific health checks can be taken at medical facilities within Hiroshima Prefecture that offer such checks. For details of these medical facilities, please see the list on the Higashihiroshima City website.

■**Health checks are available between June 1st, 2023, and January 31st, 2024.**

Please note that depending on the state of infections, some medical facilities may cease to offer checks even during the period above, or impose limits on those who can take the checks.

If there are changes to the information shown in the list of medical facilities, these changes will be published on the Higashihiroshima City website.

For details of medical facilities offering health checks, please see the page entitled 'Medical Facilities offering Genki Sukoyaka health checks (as of April 2023)'.

5. Milestone periodontal disease checks 節目歯周疾患健診について

Milestone periodontal disease checks are available between June 1st, 2023, and January 31st, 2024.

It is important to protect against periodontal disease!

Periodontal disease is a disease in which bacteria causes inflammation, damaging the bones and gums that support the teeth. It can affect the whole body, so it is important to be careful. Please take this opportunity to have your dental health checked.

Periodontal disease is linked to the following illnesses: obesity, diabetes, myocardial infarction, cerebral infarction, angina, etc.

If there are changes to the information shown below, these changes will be posted on the Higashihiroshima City website.

Milestone periodontal disease checks are available for those aged 40, 50, 60 and 70 years of age. Please note that health check vouchers for periodontal disease checks are not issued to those who are not aged 40, 50, 60 or 70.

Facilities offering milestone periodontal disease checks (as of April 2023):

Town	Medical Facility	Address	Telephone
Saijo	Aozora Shika	Saijo-cho Yoshiyuki 2135-1	082-430-7557
	Ikeda Shika Clinic	Jike Eki-mae 14-17 Jike Eki-mae Clinic Building 201	082-493-5711
	Imatani Shika Arion	Saijo-cho Jike 6598-10	082-490-3725
	Utanohara Shika	Saijo Gojo-cho 3-19	082-422-3744
	Okada Dental Clinic	Saijo-cho Jike 4846-1	082-431-3321
	Kawaguchi Shika lin	Saijo Sakae-machi 1-4 Flat Form 201	082-422-2039
	Kawano Shika	Saijo Chuo 1-16-6 Villa Katorea 2F	082-420-8181
	Kimura Shika lin	Saijo Chuo 3-5-11	082-423-8885
	Kirara Shika	Saijo-cho Jike 3791-1	082-422-3513
	Clover Dental	Jike Eki-mae 13-20 Jike Eki-mae Residence ICZ	082-423-3955
	Saijo Plaza Shika	Saijo Sakae-machi 10-30-301	082-422-4560
	Satakeda Shika lin	Saijo-cho Saijo-Higashi 1282-2	082-431-5999
	Sakura Family Shika	Saijo Nishi-Honmachi 28-30 Halows Higashihiroshima 3F	082-490-5522
	Satomi Shika	Saijo-cho Shitami 4343-2	082-422-4300
	Shigekawa Dental Clinic	Saijo-cho Jike 7371-1	082-430-5489
	Soeda Shika lin	Saijo Doyomaru 2-2-41	082-423-7755
	Dai-ni Yabumoto Shika lin	Saijo-cho Taguchi 3452-1	082-425-6480
	Takahashi Shika lin	Saijo-cho Misonou 1905-4	082-422-8148
	Takahiro Dental Clinic	Saijo-cho Misonou 4302 (Fuji-Grand Higashihiroshima)	082-422-9600
	Tajima Shika lin	Saijo-cho Jike 7938-4	082-431-5525
	Nagai Shika lin	Saijo Sakae-machi 6-20 La Foret Saijo Building 3F	082-422-3600
	Nanba Shika・Kyosei Shika	Saijo Kamiichi-cho 6-23 El Urban Building 1F	082-420-0200
	Nishihara Shika	Saijo Chuo 4-4-5	082-421-8118
	Nozaki Shika lin	Saijo Chuo 6-12-16	082-424-5100
Nonoyama Kyosei Shika lin	Saijo-cho Misonou 5484-6	082-420-8790	
Hamo Shika Clinic	Saijo-cho Misonou 4281-1-301	082-421-6480	
Hayashi Shika Shinryosho	Saijo Showa-machi 13-37 Supreme Matsuya Building 2F	082-423-9195	

	Fuji Shika Clinic	Saijo Doyomaru 1-5-26	082-421-0001
	Frontier Shika Clinic	Saijo Showa-machi 9-4	082-423-9833
	Misonou Shika Clinic	Saijo-cho Misonou 6280-1	082-421-1182
	Midori Shika lin	Saijo Otsubo-cho 2-12	082-423-8880
	Minna no Shika Clinic	Saijo-cho Jike 5544-18	082-426-5218
	Munechika Shika lin	Saijo-cho Taguchi 2725-1	082-425-2521
	Mori Shika lin	Saijo Sakae-machi 2-21	082-423-7227
	Yabumoto Shika Clinic	Saijo Okamachi 3-25	082-421-5655
	Yamada Shika lin	Saijo-cho Saijo-Higashi 1243-3	082-423-6457
	Yumemirai Shika Kyosei Shika Saijo	Saijo-cho Sukezane 1172 (2F)	082-437-4685
	Yuri-no-Ki Shika	Saijo Nishi-Honmachi 16-15	082-424-0228
	Yotsuba Family Shika Clinic	Saijo-cho Doyomaru 1552 S-House 101	082-423-6123
Hachihonmatsu	Utanohara Shika Honin	Hachihonmatsu Iida 3-4-10	082-428-0120
	Etoile Shika	Hachihonmatsu Minami 4-1-28	082-420-1855
	Sato Shika	Hachihonmatsu Minami 2-2-8	082-428-5505
	Tsuboshima Shika Shinryosho	Hachihonmatsu Iida 5-8-32	082-428-7177
	Naito Shika lin	Hachihonmatsu-cho Yonemitsu 640-2	082-497-0780
	Hirohata Shika lin	Hachihonmatsu Higashi 6-11-15	082-428-8585
	Masumoto Shika lin	Hachihonmatsu Nishi 1-12-22	082-427-0077
Shiwa	Inoue Shika lin	Shiwa-cho Shichijo-Kabusaka 462-3	082-433-2029
	Yamagata Shika lin	Shiwa-cho Shichijo-Kabusaka 1436-14	082-433-5454
Takaya	Asakura Shika lin	Takaya-cho Zoka 3595-2	082-436-1000
	Iin Ha-no-Kenko Doctor	Takaya-cho Takaya-Higashi 2389-1	082-434-8500
	Ito Shika lin	Takaya-cho Kinehara 1296-1	082-434-0585
	Otani Shika	Takaya-cho Kinehara 1108-15	082-439-0001
	Smile Dental Clinic	Takaya-cho Nakashima 451-5 Ito Building 2F	082-420-4380
	Takamigaoka Shika lin	Takaya-cho Takamigaoka 5-1-19	082-434-7648
	Fujita Shika lin	Takaya-cho Nakashima 429-1 2F	082-426-5514
	Fujiwara Shika lin	Takaya-cho Hiyama 452	082-434-7500
	Yukawa Shika Clinic	Takaya-cho Kodani 3300	082-434-8255
Kurose	Kato Shika Clinic	Kurose-cho Narahara 276-7	0823-82-8241
	Kikkawa Shika Clinic	Kurose-cho Narahara 100-1 Youme Town Kurose 2F	0823-83-0117
	Kimura Shika lin	Kurose-cho Maruyama 1420-1	0823-82-5522
	Shigemoto Shika Clinic	Kurose-cho Kanehiro 141	0823-83-6055
	Hazutani Shika lin	Kurose-cho Nominoo 1083-1	0823-82-8444
Kochi	Oshin Shika Oda	Kochi-cho Oda 2182 Inside Oda Community Center	082-401-1234
	Sasaki Shika Clinic	Kochi-cho Nakagochi 655-1	082-420-7700
Akitsu	Ito Shika Clinic	Akitsu-cho Mitsu 4209-9	0846-45-0272
	Tsuchida Shika lin	Akitsu-cho Mitsu 4385-3	0846-45-1177
Fukutomi	Hayashi Shika Fukutomi Shinryosho	Fukutomi-cho Kuba 3700-1	082-435-2777

6. Frequently-asked questions よくある質問

Flowchart for the Specific Health Checks and Basic Health Checks:

Part 1: How old are you?

- 39 or under → Go to result 1
- 40 and over → Go to part 2

Part 2: What type of health insurance do you have?

- Not enrolled in health insurance as a member of a household receiving welfare benefits, etc. → Go to result 2
- Enrolled in the Latter Stage Elderly Health Insurance Scheme → Go to result 2
- Enrolled in National Health Insurance in Higashihiroshima City on or after April 2, 2023 → Go to result 2
- Enrolled in National Health Insurance in Higashihiroshima City from before April 1, 2023 and until the date of the health check → Go to result 3
- Enrolled in a health insurance union → Go to result 4
- Enrolled in the National Health Insurance Association (Kyokai Kempo) → Go to result 4
- Enrolled in a Mutual Aid Association → Go to result 4

Result 1: You can apply for the Genki Sukoyaka basic health check (group health check only).

Result 2: You can apply for the Genki Sukoyaka basic health check.

Result 3: You can apply for the Genki Sukoyaka specific health check.

Result 4: You cannot apply for the Genki Sukoyaka specific health check, but you may be able to take a city group health check. Go to question 2 below.

If you are aged 39 or under: Irrespective of the health insurance you are enrolled in, you can take a basic health check (group health check only). Please apply to the Medical Treatment and Health Division either online or by telephone.

If you are receiving welfare benefits (seikatsu hogo), please go to the Medical Treatment and Health Division or to one of the Branch Offices of the City Office to have health check vouchers issued.

Q1: What is the specific health check?

A1: The specific health check is a check to determine whether you are at risk of developing a lifestyle-related illness.

It is possible to determine the risk of a serious illness such as heart disease or diabetes, by means of a blood test. If the results of the test indicate that you are at high risk of a lifestyle-related disease, you can receive free advice and support (specific health guidance) from a specialist.

Q2: If I am enrolled in social insurance (only in the case of dependents), can I take the specific health check at a

group health check in the city?

A2: Please check with the social insurance in which you are enrolled, or with your workplace, about whether you can take the specific health check at a group health check in the city. If you are able to take the specific health check at a group health check in the city, please decide the date on which you wish to undergo the check, and then apply by telephone to the medical facility responsible for the group health checks, as detailed below:

Applications: Higashihiroshima Kinen Byoin Health Check Center, tel.: 082-423-6662.

Q3: I am receiving treatment for an illness, and I have regular checks at a medical facility. Do I need to undergo the specific health check?

A3: Even if you are receiving treatment for an illness, you are eligible to take the specific health check, but if you are receiving treatment at a medical facility in Higashihiroshima City that offers specific health checks (see the list in this document), then instead of taking the specific health check, you can choose to submit to the City the part of your treatment information that is equivalent to the items in the specific health check, in place of taking the specific health check. With regards to whether or not you provide this information to the City, please discuss this with the medical facility where you are currently receiving treatment.

Q4: I am enrolled in the National Health Insurance scheme, but even if I take a health check at my workplace, do I still need to take the specific health check? Also, if I have paid for a 'Ningen Dock' comprehensive health check myself, do I need to undergo a health check?

A4: If you have already had a health check at your workplace, or if you have paid for a comprehensive health check yourself, there is no need to undergo the specific health check. If you submit the results of your health check to the City, if your risk of developing lifestyle-related diseases is judged to be high, you can receive free advice and support (specific health guidance) from a specialist.

Q5: How can I receive exemptions from charges for the health checks?

A5: For members of households receiving welfare payments (seikatsu hogo setai) and households exempt from municipal and prefectural tax (shikenminzei hikazei setai), health checks (apart from the prostate cancer check) are free.

Group health checks:

For those who give permission for a tax status check to be made (on the application postcard, or in the online application), and who are confirmed to be eligible (after a check of tax status for resident tax), a certificate of eligibility for free health checks will be sent along with the paperwork to take to the health check.

Health checks at a medical facility:

Please apply for a certificate of eligibility in advance.

You can apply in person, at the Medical Treatment and Health Division, or at one of the Branch Offices or Sub-Branch Offices of the City Office (Fukutomi Branch Office and the Sub-Branch Offices can only accept applications). When applying, you will need a form of personal identification (your My Number card, a driving license, etc.), or your Genki Sukoyaka health check vouchers.

You can also apply online, from the QR Code to the right. The certificate of eligibility for free health checks will be sent by post to your home address, or to an address that you specify. If you need the certificate urgently, or you wish to collect the certificate in person, please call the



Medical Treatment and Health Division (tel.: 082-420-0936).

For both group health checks and health checks at a medical facility, if your tax status cannot be checked (because you have recently moved into Higashihiroshima City), please include a Certificate of Items Recorded in the Tax Register for Municipal and Prefectural Tax for the 2023-24 financial year (the details for 2022) (showing details for all members of the household) with your application. If there is anything you do not understand, please enquire at the Medical Treatment and Health Division.

Q6: If I take the Genki Sukoyaka Health Check, will I receive Genki Kagayaki Points?

A6: Please write the date of the health check on the relevant page in your Genki Kagayaki Point Handbook for 2023-24. After the handbook is collected, the city will check whether you took the health check, and then you will be awarded the points formally.

Q7: I received the vaccine for cervical cancer, so do I have to take the check for cervical cancer?

A7: Vaccines cannot prevent all high-risk-type HPV infections, so it is important to take the check for cervical cancer, and increase the rate of prevention for yourself. Also, even if you have not received the vaccine, by taking checks for cancer on a regular basis, it is possible to detect cancer, and treat it, at an early stage.

Q8: What should I do if I lose my health check vouchers?

A8: Your vouchers can be reissued. Please contact the Medical Treatment and Health Division, or apply online, using the QR Code to the right.



Other (Points to note)

Please note that depending on your physical condition, you may not be able to take the health checks. Please discuss matters with a medical facility conducting health checks.

If you do not feel well, do not wait for the health check or until you receive the results, but undergo an examination at a medical facility as soon as possible.

If you are currently in hospital, or in a facility, you may not be eligible for the Genki Sukoyaka health checks.

If you are pregnant, please undergo a pregnant woman's health check, in order to avoid the danger of a miscarriage.

※Please be careful that you do not apply for the same checks at the group health check and a health check at a medical facility. Genki Sukoyaka health check vouchers may only be used once during the financial year. If you apply for the same checks multiple times, you will be required to pay the whole cost yourself.

Eligibility for health checks is based on data as of April 1st, 2023. We apologize if you have received this information, but you are not eligible.

7. How to apply for a group health check 集団検診の申込方法

Please apply only once, either online, or by using the application postcard.

Applying online:

Scan the QR Code to the right, and follow the steps shown in the accompanying leaflet.

Applications can be accepted 24 hours a day, and you can specify the time when you wish to take the health check.



Applying using the application postcard:

Fill in the application postcard, and send it so that it arrives by the application deadline. Please note that when applying by postcard, the reception time for your health check will be specified by the Medical Treatment and Health Division.

Example of how to fill in the postcard:

The application postcards for group health checks are read by machine. In boxes where there are faint dotted lines, trace the lines to fill in your details as appropriate.

The image shows a sample application postcard titled "集団健診申込みハガキ" (Group Health Check Application Postcard). It includes a barcode, address, name, date of birth, and a table for selecting health check items. Callout boxes provide instructions for filling out the form.

健康日	会場コード	特定健診	基本健診	肝炎ウイルス	肺がん	胃がん	大腸がん	前立腺がん	子宮頸がん	乳がん
7月11日	78	○	○	○	○	○	○	○	***	***

Please give a telephone number at which you can be easily reached during the daytime.

Tick one of the two boxes to indicate your acceptance/non-acceptance of a tax status check. If you tick 'do not allow' (the right-hand box), you may not be able to receive exemption from the fees for the health check(s). (See question 5 of the frequently-asked questions.)

Choose where and when you wish to take the check, and the checks you wish to take. Please check the schedule in chapter 3, and fill in the date and location code.

Write a circle to indicate the checks you wish to take. If there are checks that you cannot take, *** will be shown in the space.

		Application postcard for group health check				(Barcode)				
(Please fill in within the bold lines)										
Address		Telephone		- -						
Name		Date of birth		Age as of March 31 st , 2024						
Permission for tax status check for health checks: <input type="checkbox"/> Allow <input type="checkbox"/> Do not allow										
■Preferred location for the group health check, and desired checks										
Date	Location code	⑥ Specific (Higashihiroshima City National Health Insurance)	⑤ Basic	④ Hepatitis virus	⑧ Lung cancer	⑦ Stomach cancer	⑨ Intestinal cancer	⑩ Prostate cancer	② Cervical cancer	③ Breast cancer
mm / dd										

8. Health check vouchers 受診券について

日本語	英語、ポルトガル語、ベトナム語
R5 年度東広島市 元気すこやか健診 受診券 (集団健診、医療機関共通)	Health check vouchers for 2023-24 Genki Sukoyaka Health Checks (for both group health checks and checks at medical facilities)
対象者抽出日: 令和 5 年 4 月 1 日	Date for determination of eligibility: April 1 st , 2023
有効期間: 令和 6 年 1 月 31 日まで有効	Valid until January 31 st , 2024
40 歳・50 歳・60 歳・70 歳節目歯周疾患検診	Milestone periodontal disease check for those aged 40, 50, 60 and 70
胃がん検診	Stomach cancer check
肺がん検診	Lung cancer check
大腸がん検診	Intestinal cancer check
前立腺がん検診	Prostate cancer check
節目歯周疾患検診	Milestone periodontal disease check
子宮頸がん検診	Cervical cancer check
乳がん検診	Breast cancer check
B 型・C 型肝炎ウィルス検診	Hepatitis B and C virus check
特定健診	Specific health check
基本健診 (後期高齢等)	Basic health check (Latter Stage Elderly Health Insurance scheme, etc.)
自己負担金	Amount to be paid by the individual

Points to note:

1. Please be careful not to apply for the same health check multiple times. Genki Sukoyaka Health Check vouchers can only be used once per financial year. If you take the same health check more than once, you will need to pay the whole cost of the check.
2. Please be sure to bring your health check vouchers and health insurance certificate when you take the health check(s).
3. Please do not cut the health check vouchers. Take them with you to the group health check or to the medical facility where you are to receive the health check.
4. If you join another form of health insurance part-way through the financial year, you will not be able to use health check voucher for the specific health check.

