Monthly Newsletter for Foreign Residents of Higashihiroshima City

HIGASHIHIROSHIMA

Published byHigashihiroshima City International Exchange Promotion Association
(Civic Affairs Division, Higashihiroshima City Office)Column 2002Civic Affairs Division, Higashihiroshima City Office)Column 2002

Website http://www.city.higashihiroshima.lg.jp/koho/multilingual/3491.html

2024 Higashihiroshima Japanese Classes in Sunsquare

Japanese classes in Sunsquare for 2024 are as follows:

Thursdays, 19:30-21:00	Sundays, 10:00-12:00	Sundays, 13:30-15:30		
From 11th April to 1st August	From 7th April to 28th July	From 7th April to 28th July		
Nihongo I	Nihongo I			
Nihongo II	Nihongo II	Kanji		
Nihongo III	Nihongo III			

Details of the classes are as follows:

Nihongo I: Participants will study from hiragana and katakana.

Nihongo II: For those who can read hiragana and katakana. Participants will study conversations related to situations in everyday life.

Nihongo III: Participants will study speaking and writing about various topics. The content level is basic Japanese.

Kanji: Participants will study kanji seen in everyday life, and by doing so will increase vocabulary.

Classes take place in the study room on the second floor of the Citizens' Culture Center (Sunsquare Higashihiroshima). The tuition fee for the course is 2000 yen for each class. This includes the fee for textbooks. Each of the classes is limited to 20 students, and membership is decided on a first-come-first-served basis.

Applications have been being accepted since March 24th, so if you wish to apply, don't delay! If you wish to apply, please take your residence card, your health insurance certificate, and the tuition fee (2000 yen) to the Communication Corner.

Contact: Communication Corner, 1F Sunsquare (コミュニケーションコーナー), tel.: 082-423-1922 email: corner@hhface.org

Food Bank Higashihiroshima

経済対策臨時支援給付金の
お知らせ

The Food Bank Higashihiroshima has been established by, and is run by, Hitomusubi LLC. The name of the project is 'Hitomusubi Food Bank - Food Bank Higashihiroshima', and it is supported by Higashihiroshima City and Higashihiroshima City Social Welfare Council.

The Food Bank accepts food and passes it on to others. The purpose is to create a cycle of thanks by means of items left over in the local area.

Opening dates: 8th, 18th, 28th of every month.

Times: 10:00 - 12:00 / 13:00 - 15:00.

Location: 415 Nakashima, Takaya-cho, Higashihiroshima City

For those planning to bring in (donate) food:

Please bring the donations directly to the Food Bank Higashihiroshima on an opening date. Donations can also be accepted from individuals as well as companies and organizations.

Foods that can be accepted:

- Those that have a food label in Japanese and have an expiry date of at least one month in the future.
- Unopened items that can be stored at room temperature.

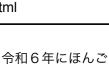
Items that are especially welcome:

- Rice (white rice, brown rice, alpha rice)
- Canned, boil-in-the-bag, and instant food
- Various seasonings and cooking oil
- Foods that cannot be accepted:
- Items that have been opened
- Fresh food (raw meat, seafood, raw vegetables)
- Pharmaceuticals, non-medical products, supplements
- Items with damaged packaging and external packaging
- Alcohol (mirin and cooking sake are accepted)

- Dried noodles such as pasta and noodles

- Seaweed, ochazuke and furikake





ア110年にはん きょうしつ

Food Bank Higashihiroshima

Continued from page 1... For those who wish to receive food: Cost: Free Date and time to receive food: Opening dates Eligibility: Anyone Advance contact: Not required What you need: Eco bags or bags

The food that can be handed out depends on the stock status, etc. There may be items that are close to the expiry date or that have dents on the packaging. Please check the items, and then take responsibility for storing and eating them.

Contact: Hitomusubi LLC Higashihiroshima Food Loss Reduction Measures Committee

Email: hitomusubi.foodbank@gmail.com

Do you know about Residents' Self-Government Councils?

What are Residents' Self-Government Councils (Jumin-jichi-kyogikai, 住民自治協議会)?

Residents' Self-Government Councils are organizations that represent local communities. They are comprised of individuals and of various groups such as Residents' Associations, and are based on elementary school enrolment areas (or in some cases, the enrolment areas of former elementary schools).

Residents' Self-Government Councils are now established in all 48 districts of the city, and, working with the city, they make efforts to deal with local problems and realize local goals.

Neighborhood associations (wards, groups, etc.) are the most familiar organizations created from the bonds that exist in neighborhoods. They are also important organizations that make up the Residents' Self-Government Councils, and many of them are engaged in activities that are closely related to daily life.

It's important to work together as a community in cases such as the following:

If you want to find out local information:

Information about events and details about the local community are given out by Residents' Self-Government Councils and Residents' Associations, by means of notice boards and information passed from member to member.

If the road is dark and you want crime prevention lighting to be installed:

Requests for street lighting and improvement of roads are made to the City Office by Residents' Self-Government Councils and Residents' Associations.

If you want to make friends with people in the community:

Residents' Self-Government Councils are engaged in a variety of activities to promote the community. Talk to the citizens' that take part in the activities of the council, or the groups that use the community meeting halls.

There is a course held by the Civic Collaboration Center to learn about self-government councils. New officials are welcome!

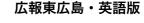
This is a study group to answer small questions that new officials of the self-government councils often ask, such as 'What do the self-government councils do?'

It will be held on Wednesday April 10th, from 18:30 to 20:00, at the Citizen Collaboration Center. It is for officers of residents' self-government council and residents' associations, and those who are interested in residents' self-government councils, and it is open to the first 20 people to apply.

To apply, please use the application form. The deadline is Tuesday April 2nd.

Contact: Citizen Collaboration Center, tel.: 082-422-1036.

Contact: Community Development Promotion Division (Chiiki-Zukuri Suishinka, 地域づくり推進課), tel.: 082-420-0924.



•経済対策臨時支援給付金の • お知らせ





住民自治協議会をご存知
ですか

Page 3

Schedule for payment of municipal taxes, 2024-25 financial yearplease pay your taxes before the deadline ・ ・ ・ ・ ・ ・ ・ ・ ・ の が 期限内納付に ご協力ください

The schedule for payment of municipal taxes for the 2024-25 financial year is as follows. Please be sure to pay municipal taxes by the deadlines!

taxes by the deadthes:								
	Municipal and Prefectural Tax	Fixed Asset Tax and City Planning Tax	Light Vehicle and Motorcycle Tax	National Health Insurance Premium				
Tue Apr 30. 2024		1st/full payment						
Fri May 31			Full payment					
Mon Jul 1	1st/full payment							
Wed Jul 31		2nd payment		1st/full payment				
Mon Sep 2	2nd payment			2nd payment				
Mon Sep 30				3rd payment				
Thu Oct 31	3rd payment			4th payment				
Mon Dec 2				5th payment				
Wed Dec 25		3rd payment		6th payment				
Fri Jan 31, 2025	4th payment			7th payment				
Fri Feb 28		4th payment		8th payment				

If you pay municipal taxes by bank account transfer, the payments will be transferred from your account on the dates shown above.

If you pay municipal taxes by a payment slip, please be careful not to mix up the slips for advance full payments and the slips for individual payments.

Contact: Tax Collection Division (Shuno-ka, 収納課), tel.: 082-420-0912.

Please try to avoid busy times when coming to the counters of the Citizens' Affairs Division

市民課窓口へは混雑を避け
てお越しください

During April, the counters of the Citizens' Affairs Division can be crowded with people submitting notices regarding moving into and out of the city. When coming to the Citizens' Affairs Division, please refer to the calendar below, and try to avoid days on which the counters are forecast to be busy. On busy days, it may take more than two hours for your paperwork to be processed.

If you have a My Number card, you can obtain Certificates of Residence, etc. at convenience stores. The City Office is open on some Sundays and on Thursday evenings (see the calendar below, or the QR code to the right (https://www.city.higashihiroshima.lg.jp/en/

3/35917.html). Please make use of these opening times.



You can submit Notifications of Moving Out online from the My Number Portal (see the QR Code to the left). By making use of your My Number card to submit the notification online, there is no need to go to the City Office when you are moving out of the city. You can use this facility not just for yourself, but when

other members of the household are moving out of the city too. However, you still need to complete the formalities for moving in, etc., at the municipal office of the municipality you are moving to.

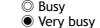
When using the online service, you will need a My Number card which can be used as an electronic proof of identity, and a device from which you can access the My Number Portal (a smartphone, computer, etc.)

Please note that you cannot use the online service if you are moving abroad.

Contact: Citizens' Affairs Division (Shimin-ka, 市民課), tel.: 082-420-0925.

April											
Sun	Mon		Tue		Wed		Thu		Fri		Sat
	1	۲	2	۲	3	۲	4	\bigcirc	5	\bigcirc	6 Closed
7 Closed	8	\bigcirc	9	\bigcirc	10	\bigcirc	11	\bigcirc	12	\bigcirc	13 Closed
14 Open	15 16		17		18		19		20 Closed		

Key: O A little busy



On Thursdays, opening hours are until 19:00.

On Sunday opening days, opening hours are from 8:30 to 12:30.

Deadline for payment of taxes: Tuesday April 30th

Please pay Fixed Asset Tax and City Planning Tax (the first payment) by Tuesday April 30th.

A notice of non-payment (Tokusokujo, 督促状) will be sent to residents who have not paid their tax by the deadline. If you receive a Tokusokujo, please pay the tax immediately, using the payment slip enclosed.

* Note: it takes about ten days for the Tax Collection Division to confirm payment of tax, and therefore you may receive a Tokusokujo even after you have completed payment. In this case, please ignore the letter. Contact: Tax Collection Division (Shuno-ka, 収納課), tel.: 082-420-0912.

Consultation services for non-Japanese residents

· Consultation services for non-Japanese residents are available at the Communication Corner, in Sunsquare Higashihiroshima. English-speaking staff are available daily, at the following times: Mondays, Tuesdays, Wednesdays, Thursdays, Fridays: 9:00 to 17:00, Saturdays: 9:00 to 13:00, Sundays: 13:00 to 17:00. Communication Corner website (English): https://www.hhface.org/wp/corner/home-2/ You can also access the Communication Corner website by using the upper QR code on the right.

• 40-minute free legal consultations are available on Saturday April 13th, at 13:00, 14:00 and 15:00. The date for May is Saturday May 11th. English interpreting is available. Please make an appointment at least one week in advance.

Communication Corner Facebook page:

https://www.facebook.com/hhface.communicationcorner

You can also access the Communication Corner Facebook page by using the lower QR code on the right.

Night-time and holiday hospitals

• Night-time and holiday duty hospitals: Full information about night-time and holiday duty hospitals within Higashihiroshima City is published in the Japanese-language version of the monthly city newsletter 'Higashihiroshima' (the page inside the back cover; only in Japanese), and on the Higashihiroshima City website (in Japanese and English). The information is subject to change at short notice, so before going to a medical facility, please be sure to call to confirm details.

Recently, there are more and more patients using emergency medical facilities at night and on holidays even though their situation is not serious. In some cases, these patients have prevented or delayed the treatment of patients with truly serious illnesses, and additionally, such cases are one of the reasons for doctors becoming overworked. Emergency medical facilities open at night and on holidays are for patients with serious, emergency conditions. Please try to visit the medical facility you use normally, during opening hours on weekdays.

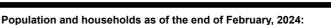
• Emergency medical treatment for children: Please call the advice line on #8000 (if you cannot get through on this number, please call 082-505-1399). The service is available every day between 19:00 and 8:00 the following morning. You can obtain information about whether or not you should take your child to a medical facility outside of normal opening hours (at nights, on weekends or holidays, etc.).

• If you have a medical problem at night or on weekends, and you are unsure about whether or not you should go to a medical facility: Please call the Hiroshima area emergency consultation center on #7119. The service is free, and is available 24 hours a day, 365 days a year. The staff will be able to give you advice on whether to rest at home and see how symptoms develop, or whether you should go to a medical facility. If necessary, they can give you information about which facility to go to, or they can connect you directly to the 119 emergency service. In an emergency, do not hesitate to phone 119. https://www.city.higashihiroshima.lg.jp/kenko/iryo/3/11526.html

Citizens' Affairs Division: Out-of-hours opening

日曜開庁 The counters of the Citizens' Affairs Division are open until 19:00 every Thursday evening (except national holidays and the new year/year-end period. There is Sunday opening on April 14th and 28th, from 8:30 to 12:30. On March 31st, My Number Cards will not be able to be issued. Wherever possible, please take someone with you who speaks Japanese. Please note that divisions other than the Citizens' Affairs Division are not open at these times. For details of what matters can be dealt with during these extended opening hours, and what you need to bring with you, please access the QR Code to the right to check the city website.

If you have a My Number Card, you can use it to obtain Certificates of Residence, etc., at convenience stores. Please be aware that formalities relating to My Number Cards cannot be dealt with. Citizens' Affairs Division (Shimin-ka, 市民課), tel.: 082-420-0925. Contact: https://www.city.higashihiroshima.lg.jp/en/3/35917.html



Population of Higashihiroshima City: 190,428 (137 fewer than January) Households: 91,009 (67 fewer than January) Population of foreign residents: 8,820 (19 fewer than January) Foreign households: 6,805 (43 fewer than January)

外国人相談窓口

Communication Corner website (English)

ri i i i i i i



Facebook page

夜間休日当番医

市民課窓口:木曜延長・

次回の納期限は 4月30日(火)

Page 4

