

# HIGASHIHIROSHIMA



Living info

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**Website** <http://www.city.higashihiroshima.lg.jp/koho/multilingual/3491.html>

## One-off Support Payments to Counteract High Prices

・物価高対策臨時支援給付金

Each eligible household will receive 30,000 yen, plus 20,000 yen for each child aged 18 years old or under. Households registered as residents as of December 13, 2024 and exempt from resident tax for the 2024-25 fiscal year (households in which all members are exempt from the per-capita portion of resident tax for the 2024-25 fiscal year) are eligible. For more information, please see the multiple-language information on the City website, accessible from the URL below or from the QR Code to the right.

<https://www.city.higashihiroshima.lg.jp/en/7/41857.html>

To apply, send the application form (sent out in mid-January) to the Special One-Off Payments Consultation Office. Deadline: Friday, February 28 (applications postmarked on this date are valid).

Contact: Higashihiroshima City Special One-Off Payments Processing Center (Rinji Tokubetsu Kyufukin Jimu Shori Center, 臨時特別給付金事務処理センター), tel.: 0120-780-125.



## Filing of Municipal and Prefectural Tax Returns

・市県民税申告

The city will send out tax return documents in early February to those who have filed municipal and prefectural taxes for the 2024-25 fiscal year and are expected to file for the 2025-26 fiscal year. If you do not understand Japanese, please download and use the municipal and prefectural tax return form in foreign languages (English, Chinese, Vietnamese) from the URL below.

If you do not know how to fill out the form, please refer to the contents of the website. If there are any questions about the contents of your declaration, we may contact you to confirm the details, so please be sure to include your phone number.

[https://www.city.higashihiroshima.lg.jp/soshiki/zaimu/3/5/shinkoku\\_foreign/22028.html](https://www.city.higashihiroshima.lg.jp/soshiki/zaimu/3/5/shinkoku_foreign/22028.html)



○How to submit your tax return: In principle, submit the documents by post.

○Venue for filing your municipal and prefectural tax return:

Location: City Office Main Building and each community center (for details, see page 6 of the Japanese newsletter)

Reception hours: Monday February 17th to Friday March 14th, 9:30am to 3:30pm (excluding Saturdays, Sundays, and holidays)

Contact: Municipal Tax Division (Shiminzei-ka, 市民税課) (Main Building, 5th floor), tel.: 082-420-0910

## Filing of Income Tax Returns

・所得税の確定申告

People who need to file a tax return:

People who receive salary from two or more places, people who receive salary from one place and whose total amount of income other than salary income exceeds 200,000 yen, etc.

Preparing a tax return:

You can use your smartphone or computer from home to complete a tax return from the 'Tax return preparation corner' on the National Tax Agency's website by following the instructions on the screen, and the tax amount will be calculated automatically, making it easy and convenient to prepare a tax return. The tax return you have created can be sent via e-Tax or printed and submitted by mail. For details, please see the National Tax Agency's website ('Guide to filing tax returns').

Venue and schedule for filing tax returns:

Location: Saijo Tax Office

Opening period: February 17th (Monday) to March 17th (Monday) (excluding Saturdays, Sundays, and holidays)

Reception hours: 8:30-16:00

Consultation hours: 9:00-17:00

- ・ A numbered ticket is required to enter the venue.
- ・ Online advance reservations can be made via LINE.
- ・ Please bring your smartphone and My Number card.

*Continued on page 2...*

**Filing of Income Tax Returns**・ 所得税の確定申告  
・  
・*Continued from page 1.*

[For those applying for dependent deductions, etc. for non-resident relatives]

If you are applying for dependent deductions, etc. for a non-resident relative, you will need to attach 'family relationship documents' for that relative.

As there are many errors such as incomplete attached documents, please check the National Tax Agency website ('For those applying for dependent deductions, etc. for non-resident relatives') to confirm the necessary procedures.

National Tax Agency website (Tax return preparation corner)

Japanese: <http://www.keisan.nta.go.jp>

National Tax Agency website (Guide to filing tax returns)

Japanese: <https://www.nta.go.jp/taxes/shiraberu/shinkoku/tebiki/2024/pdf/001.pdf>

English: <https://www.nta.go.jp/taxes/shiraberu/shinkoku/tebiki/2024/pdf/050.pdf>

National Tax Agency website (For those applying for dependent deductions, etc. for non-resident relatives)

Japanese: [https://www.nta.go.jp/publication/pamph/pdf/0022009-107\\_01.pdf](https://www.nta.go.jp/publication/pamph/pdf/0022009-107_01.pdf)

English: [https://www.nta.go.jp/publication/pamph/gensen/gaikokugo/pdf/0022011-082\\_01.pdf](https://www.nta.go.jp/publication/pamph/gensen/gaikokugo/pdf/0022011-082_01.pdf)

Contact: Saijo Tax Office (Saijo Zeimusho, 西条税務署), tel.: 082-422-2191

**Income declarations for the National Health Insurance Scheme and the Medical Care Scheme for the Elderly**・ 国民健康保険・後期高齢者  
・ 医療制度加入者の所得申告  
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All those enrolled in the National Health Insurance Scheme or the Medical Care Scheme for the Elderly must file an income declaration, even if they have no income and are supported by a family member, or if they only have non-taxable income.

Even if the income of a household is low, if there is someone in the household who has not filed an income declaration, they will not be able to apply for the reduction system for premiums for National Health Insurance and Medical Care for the Elderly. In addition, the upper limit of the self-payment for high-cost medical expenses may increase, and reductions of meal expenses may not be available.

However, the following people do not need to file an income declaration.

- ・ People under 18 years of age (returns for the the 2025-26 fiscal year are as of January 1, 2025)
- ・ People who have filed an income tax return
- ・ People who have filed a tax return for municipal and and prefectural taxes
- ・ People who have only salary income and have had year-end adjustments done at their workplace
- ・ People who only have public pension income (people who only have income from survivor pensions, disability pensions, etc. are required to file a return)

The deadline for filing: Tuesday, April 15th. Declaration forms will be sent by post in mid-February to those who are thought to need to file a declaration.

Multilingual versions of the declaration form are available from the following URL:

<https://www.city.higashihiroshima.lg.jp/soshiki/kenkofukushi/4/3/22320.html#Declaration>

Contact: National Health Insurance and Pension Division (Kokuho-nenkin-ka, 国保年金課) (1F, City Office Main Building), tel.: 082-420-0933



**Applications are accepted for admission from May onwards for nursery schools and certified kodomo-en (nursery school use)**

- ・ 保育所（園）・認定こども園（保育所利用）
- ・ 5月以降の入所希望の申し込みを受け付けます
- ・

Applications are accepted as follows for admission from May onwards for nursery schools and certified kodomo-en (nursery school use):

Month	Application period	Validity period of certificate of employment, etc.
May	Monday February 3rd to Tuesday March 25th	January 1st and after
June	Monday March 3rd to Friday April 25th	February 1st and after
July	Tuesday April 1st to Monday May 26th	March 1st and after
August	Thursday May 1st to Wednesday June 25th	April 1st and after
September	Monday June 2nd to Friday July 25th	May 1st and after
October	Tuesday July 1st to Monday August 25th	June 1st and after
November	Friday August 1st to Thursday September 25th	July 1st and after
December	Monday September 1st to Monday October 27th	August 1st and after
January	Wednesday October 1st to Tuesday November 25th	September 1st and after
February	Tuesday November 4th to Thursday December 25th	October 1st and after
March	Tuesday November 4th to Monday January 26th	October 1st and after

Contact: Child Care Division (Hoiku-ka, 保育課), tel.: 082-420-0934.

**Catch-ups for cervical cancer vaccinations and routine vaccinations for girls of an age equivalent to the first year of high school are expected to be extended by one year under certain conditions**

- ・ 子宮頸がんワクチンのキャッチアップ
- ・ プと高校1年生相当の女子の定期接種
- ・ 種は条件付きで1年延長の見込
- ・

For catch-up vaccinations, if an individual gets vaccinated at least once by the end of March 2025, the period during which you they get vaccinated at public expense is expected to be extended until the end of March 2026.

Eligibility for catch-up vaccinations	Final routine vaccinations
Females born between April 2, 1997 and April 1, 2008 who received at least one vaccination between April 1, 2022 and March 31, 2025	Females in their first year of high school in 2024 and have been vaccinated at least once between April 1, 2022 and March 31, 2025

To apply, please make a reservation at a medical facility offering the vaccination (a list is available on the city website).

When receiving the vaccination, please take with you your Mother & Child Health Handbook and the vaccination questionnaire. Please check your vaccination history in your Mother & Child Health Handbook, etc., and make sure you do not receive the vaccination twice.

Vaccination questionnaires are available at the Medical Treatment and Health Division, at Branch Offices of the City Office (except Fukutomi), and at medical facilities offering the vaccination.

If you wish to be vaccinated outside the city, it is necessary to complete formalities in advance. Please discuss matters with the Medical Treatment and Health Division.

Contact: Medical Treatment and Health Division (Iryo Hoken-ka, 医療保健課), tel.: 082-420-0936.

**Applications for entrance into municipal housing**

- ・ 市営住宅入居者
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It is anticipated that there will be vacancies in the following municipal apartments. There may be changes to the list below; please see the application forms for details.

Saijo:	Teranishi (1)	Misonou (1)
	Shin-Misonou (1)	Terayama (1)

Applications will be accepted between Monday February 3rd and Friday February 7th, at the Housing Division only (applications can also be posted). It is also possible to apply electronically. Application forms and details are available from the Housing Division (Jutaku-ka, 住宅課), or from branch offices and sub-branch offices, from Monday January 27th.

For further details, please see the QR Code to the right, or the URL below:

<https://www.city.higashihiroshima.lg.jp/en/6/41248.html>

Contact: Housing Division (Jutaku-ka, 住宅課), tel.: 082-420-0946.



**Deadline for payment of taxes: Friday February 28th**

・ 次回の納期限は  
・ 2月28日（金）  
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Please pay Fixed Asset Tax and City Planning Tax (the fourth installment) and the National Health Insurance Premium (the eighth installment) by Friday February 28th.

A notice of non-payment (Tokusokujo, 督促状) will be sent to residents who have not paid their tax by the deadline. If you receive a Tokusokujo, please pay the tax immediately, using the payment slip enclosed.

※ **Note:** it takes about ten days for the Tax Collection Division to confirm payment of tax, and therefore you may receive a Tokusokujo even after you have completed payment. In this case, please ignore the letter.

Contact: Tax Collection Division (Shuno-ka, 収納課), tel.: 082-420-0912.

**Consultation services for non-Japanese residents**

・ 外国人相談窓口  
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• **Consultation services for non-Japanese residents** are available at the Communication Corner, in Sunsquare Higashihiroshima. English-speaking staff are available daily, at the following times: Mondays, Tuesdays, Wednesdays, Thursdays, Fridays: 9:00 to 17:00, Saturdays: 9:00 to 13:00, Sundays: 13:00 to 17:00.

Communication Corner website (English): <https://www.hhface.org/wp/corner/home-2/>

You can also access the Communication Corner website by using the upper QR code on the right.

• **40-minute free legal consultations** are available on Saturday February 8th, at 13:00, 14:00 and 15:00. The date for March is Saturday March 8th. English interpreting is available. **Please make an appointment at least one week in advance.**

Contact: Communication Corner (コミュニケーションコーナー), tel.: 082-423-1922.

• **Communication Corner Facebook page:**

<https://www.facebook.com/hhface.communicationcorner>

You can also access the Communication Corner Facebook page by using the lower QR code on the right.



Communication Corner website (English)



Facebook page

**Night-time and holiday hospitals**

・ 夜間休日当番医  
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• **Night-time and holiday duty hospitals:** Full information about night-time and holiday duty hospitals within Higashihiroshima City is published in the Japanese-language version of the monthly city newsletter 'Higashihiroshima' (the page inside the back cover; only in Japanese), and on the Higashihiroshima City website (in Japanese and English). The information is subject to change at short notice, so before going to a medical facility, please be sure to call to confirm details.

Recently, there are more and more patients using emergency medical facilities at night and on holidays even though their situation is not serious. In some cases, these patients have prevented or delayed the treatment of patients with truly serious illnesses, and additionally, such cases are one of the reasons for doctors becoming overworked. Emergency medical facilities open at night and on holidays are for patients with serious, emergency conditions. Please try to visit the medical facility you use normally, during opening hours on weekdays.

• **Emergency medical treatment for children:** Please call the advice line on #8000 (if you cannot get through on this number, please call 082-505-1399). The service is available every day between 19:00 and 8:00 the following morning. You can obtain information about whether or not you should take your child to a medical facility outside of normal opening hours (at nights, on weekends or holidays, etc.).

• **If you have a medical problem at night or on weekends, and you are unsure about whether or not you should go to a medical facility:** Please call the Hiroshima area emergency consultation center on #7119. The service is free, and is available 24 hours a day, 365 days a year. The staff will be able to give you advice on whether to rest at home and see how symptoms develop, or whether you should go to a medical facility. If necessary, they can give you information about which facility to go to, or they can connect you directly to the 119 emergency service. In an emergency, do not hesitate to phone 119.

<https://www.city.higashihiroshima.lg.jp/en/7/33907.html>

**Citizens' Affairs Division: Out-of-hours opening**

・ 市民課窓口:木曜延長・  
・ 日曜開庁  
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The counters of the Citizens' Affairs Division are open until 19:00 every Thursday evening (except national holidays and the new year/year-end period). There is Sunday opening on February 9th and February 23rd, from 9:00 to 12:00. Wherever possible, please take someone with you who speaks Japanese. **Please note that divisions other than the Citizens' Affairs Division are not open at these times..** For details of what matters can be dealt with during these extended opening hours, and what you need to bring with you, please access the QR Code to the right to check the city website.

If you have a My Number Card, you can use it to obtain Certificates of Residence, etc., at convenience stores.

Please be aware that formalities relating to My Number Cards cannot be dealt with.

Contact: Citizens' Affairs Division (Shimin-ka, 市民課), tel.: 082-420-0925.

<https://www.city.higashihiroshima.lg.jp/en/3/35917.html>

**Population and households as of the end of December, 2024:**

Population of Higashihiroshima City: 190,911 (111 more than November)  
Households: 92,192 (1 fewer than November)  
Population of foreign residents: 9,459 (15 fewer than November)  
Foreign households: 7,380 (37 fewer than November)