

HIGASHIHIROSHIMA



Living info

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Website <http://www.city.higashihiroshima.lg.jp/koho/multilingual/3491.html>

Cost-of-living support payments will be provided

・ 物価高騰支援給付金を支給
・ します

Due to the rising prices of daily necessities, the city will provide a payment of 5,000 yen per person. The total amount for all household members will be paid in a lump sum to the bank account of the head of the household. Further information will be sent from mid-February to early March.

For more details, please see the multi-language website. You can access this from the URL below, or from the QR Code to the right.

<https://www.city.higashihiroshima.lg.jp/en/7/44529.html>

Eligibility: People who are registered as residents of the city as of January 1, 2026.

Application Deadline: Tuesday March 31 (applications postmarked on this day are valid)

Contact: Cost-of-Living Support Payment Call Center (Bukka koto shien kyufukin call center, 物価高騰支援給付金コールセンター), tel.: 0120-780-125.



Municipal and Prefectural Resident Tax Returns

・ 市県民税申告

For 2025-26 municipal and prefectural resident tax, the city will send tax return forms in early February to those who are considered likely to be required to file a return for the 2026-27 financial year.

If you do not understand Japanese, you may download a foreign-language version (English, Chinese, Vietnamese) of the municipal and prefectural resident tax declaration form from the website below and make use of it.

If you are unsure how to fill out the form, please refer to the instructions on the website.

If there are any unclear points in your declaration, the city may contact you for confirmation, so be sure to include your telephone number on the form.

URL for foreign-language declaration forms (you can access the page from the URL below, or from the QR Code to the right):

https://www.city.higashihiroshima.lg.jp/soshiki/zaimu/3/5/shinkoku_foreign/22028.html

For information on electronic tax filing, please check the following website (you can access the page from the URL below, or from the QR Code to the right):

<https://www.eltax.lta.go.jp/news/12336>

In principle, declarations should be submitted electronically or by mail.

Municipal and Prefectural Resident Tax Filing Venues (for details, please refer to page 8 of the Japanese version of the City newsletter): City Office Main Building and Community Centers

Reception Period: 9:30 a.m. to 3:30 p.m., from Monday February 16 to Friday March 13 (except on Saturdays, Sundays, and public holidays)

Contact: Municipal Tax Division (Shiminzei-ka, 市民税課) (5F, City Office Main Building), tel.: 082-420-0910



Income Tax Returns (Final Tax Returns)

・ 所得税の確定申告

Who needs to file a tax return?

Those who receive salary payments from two or more employers, or who receive salary from only one employer and whose total income from sources other than salary exceeds 200,000 yen, etc.

Preparing your tax return:

You can prepare your tax return easily and conveniently from home using a smartphone or computer by accessing the 'Tax Return Preparation Corner' on the National Tax Agency website. By following the on-screen instructions and entering the required information, tax amounts will be calculated automatically. Completed tax returns can be submitted via e-Tax, or printed and submitted by post or other means. For details, please refer to the National Tax Agency website (Guide to Filing a Tax Return).

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Income Tax Returns (Final Tax Returns)

所得税の確定申告

Continued from page 1

Tax return filing venue and schedule:

Location: Saijo Tax Office

Period: Monday February 16 to Monday March 16 (closed on Saturdays, Sundays, and public holidays)

Reception Hours: 8:30 a.m. to 4:00 p.m.

Consultation Hours: 9:00 a.m. to 5:00 p.m.

Please note that an admission ticket is required to enter the venue. Advance online reservations are available via LINE.

Please be sure to take your smartphone and My Number Card (and passwords for both).

If you are claiming dependent deductions when the dependent is a non-resident:

If your dependent is a non-resident, you must attach documents such as proof of family relationship in order to claim dependent deductions and similar benefits.

As many applications contain errors or missing documents, please be sure to check carefully to avoid mistakes.

For details, please refer to the guide on the National Tax Agency website: "For Those Claiming Dependent Deductions for Non-Resident Relatives."

National Tax Agency Websites:

Tax Return Preparation Corner (the following URL, or QR Code ① below)

[Japanese: https://www.keisan.nta.go.jp](https://www.keisan.nta.go.jp)

Guide to Filing a Tax Return

English (the following URL, or QR Code ② below)

<https://www.nta.go.jp/taxes/shiraberu/shinkoku/tebiki/2025/pdf/050.pdf>

For Those Claiming Dependent Deductions for Non-Resident Relatives

English: (the following URL, or QR Code ③ below)

https://www.nta.go.jp/publication/pamph/gensen/gaikokugo/pdf/0022011-082_01.pdf

Contact: Saijo Tax Office (Saijo Zeimusho, 西条税務署), tel.: 082-422-2191.



①

Tax Return Preparation
Corner

②

Guide to Filing a Tax Return



③

For Those Claiming
Dependent Deductions for
Non-Resident Relatives**Income Declaration for National Health Insurance and Late-Stage Elderly Medical Care System Members**

- ・ 国民健康保険・後期高齢者医療制度加入者の所得申告

All individuals enrolled in National Health Insurance or the Late-Stage Elderly Medical Care System are required to submit an income declaration individually, even if they have no income, are supported as dependents by family members, or have only non-taxable income.

Even for households with low income, if any household member fails to file an income declaration, the household may become ineligible for premium reduction schemes for National Health Insurance tax or Late-Stage Elderly Medical Care insurance premiums. In addition, the maximum out-of-pocket limit for high-cost medical expenses may increase, and reductions in meal expenses during hospitalization may no longer apply.

The following individuals do not need to submit an income declaration:

- ・ Persons under 18 years of age (for declarations for the 2026-27 financial year, age is determined as of January 1, 2026)
- ・ Persons who file an income tax return or a municipal and prefectural resident tax return
- ・ Persons whose only income is salary and whose employer completed year-end adjustment
- ・ Persons whose only income is a public pension (those who receive only survivor's pension, disability pension, etc. are required to file)

Declaration Deadline: Wednesday April 15 (Declaration forms will be mailed in mid-February to those who are considered likely to be required to file.)

Multilingual versions of the declaration form are available at the following website:

<https://www.city.higashihiroshima.lg.jp/soshiki/kenkofukushi/4/3/22320.html#Declaration>

Contact: National Health Insurance and Pension Division (Kokuho nenkin-ka, 国保年金課) (1F, City Office Main Building), tel.: 082-420-0933

Cost-of-Living Support Childcare Allowance

・物価高対応子育て応援手当

To support households raising children who are strongly affected by rising prices, the city will provide a payment of 20,000 yen per child for each child who is eligible for Child Allowance.

Eligibility: ① Recipients of the Child Allowance for September 2025 (For children born in September 2025, the recipients of the payment for October)

② Parents or guardians of children born between October 1, 2025 and March 31, 2026

In some cases, an application may be required to receive the allowance. For details, please check the city website. You can access the page from the URL below, or from the QR Code to the right:

<https://www.city.higashihiroshima.lg.jp/en/8/44422.html>



Contact: Children and Family Support Division (Kodomo katei-ka, こども家庭課), tel.: 082-420-0941.

Applications for entrance into municipal housing

・市営住宅入居者

It is anticipated that there will be vacancies in the following municipal apartments. There may be changes to the list below; please see the application forms for details.

Saijo:	Misonou (1)	
Takaya	Nishitakaya (1)	
Fukutomi	Kamishimo (1)	Owatari (1)
Toyosaka	Kiyotake (1)	Kajiya (1)
Kochi	Hirohata (1)	
Akitsu	Wakamiya (1)	

Applications will be accepted between Monday February 2 and Friday February 6, at the Housing Division only (applications can also be posted). It is also possible to apply electronically. Please note that applications cannot be accepted at branch offices or sub-branch offices.

For eligibility requirements, please refer to the city website. You can access the page from the URL below, or from the QR Code to the right:

https://www.city.higashihiroshima.lg.jp/soshiki/kensetsu/4_1/3/20750.html

Application forms and details are available from the Housing Division (Jutaku-ka, 住宅課), or from branch offices and sub-branch offices, from Monday January 26.



Contact: Housing Division (Jutaku-ka, 住宅課), tel.: 082-420-0946.

Deadline for payment of taxes: Monday March 2

- 次回の納期限は
- 3月2日(月)

Please pay Fixed Asset Tax and City Planning Tax (the fourth installment) and the National Health Insurance Premium (the eighth installment) by March 2nd. A notice of non-payment (Tokusokujo, 督促状) will be sent to residents who have not paid their tax by the deadline. If you receive a Tokusokujo, please pay the tax immediately, using the payment slip enclosed.

※ **Note:** it takes about ten days for the Tax Collection Division to confirm payment of tax, and therefore you may receive a Tokusokujo even after you have completed payment. In this case, please ignore the letter.

Contact: Tax Collection Division (Shuno-ka, 収納課), tel.: 082-420-0912.

Consultation services for non-Japanese residents

- 外国人相談窓口

• **Consultation services for non-Japanese residents** are available at the Communication Corner, in Sunsquare Higashihiroshima. English-speaking staff are available at the following times: Mondays-Saturdays, 9:00 to 17:00.

Communication Corner website (English): <https://www.hhface.org/wp/corner/home-2/>

You can also access the Communication Corner website by using the upper QR code on the right.

• **40-minute free legal consultations** are available on **Saturday February 14th**, at 13:00, 14:00 and 15:00. English interpreting is available. **Please make an appointment at least one week in advance.**

Contact: Communication Corner (コミュニケーションコーナー), tel.: 082-423-1922.

• **Communication Corner Facebook page:**

<https://www.facebook.com/hhface.communicationcorner>

You can also access the Communication Corner Facebook page by using the lower QR code on the right.



Communication Corner website (English)



Facebook page

Night-time and holiday hospitals

- 夜間休日当番医

• **Night-time and holiday duty hospitals:** Full information about night-time and holiday duty hospitals within Higashihiroshima City is published in the Japanese-language version of the monthly city newsletter 'Higashihiroshima' (the page inside the back cover; only in Japanese), and on the Higashihiroshima City website (in Japanese and English). The information is subject to change at short notice, so before going to a medical facility, please be sure to call to confirm details.

Recently, there are more and more patients using emergency medical facilities at night and on holidays even though their situation is not serious. In some cases, these patients have prevented or delayed the treatment of patients with truly serious illnesses, and additionally, such cases are one of the reasons for doctors becoming overworked. Emergency medical facilities open at night and on holidays are for patients with serious, emergency conditions. Please try to visit the medical facility you use normally, during opening hours on weekdays.

• **Emergency medical treatment for children:** Please call the advice line on #8000 (if you cannot get through on this number, please call 082-505-1399). The service is available every day between 19:00 and 8:00 the following morning. You can obtain information about whether or not you should take your child to a medical facility outside of normal opening hours (at nights, on weekends or holidays, etc.).

• **If you have a medical problem at night or on weekends, and you are unsure about whether or not you should go to a medical facility:** Please call the Hiroshima area emergency consultation center on #7119. The service is free, and is available 24 hours a day, 365 days a year. The staff will be able to give you advice on whether to rest at home and see how symptoms develop, or whether you should go to a medical facility. If necessary, they can give you information about which facility to go to, or they can connect you directly to the 119 emergency service. In an emergency, do not hesitate to phone 119.

<https://www.city.higashihiroshima.lg.jp/en/7/33907.html>

The Medical Information Net

The 'Medical Information Net' is a website that compiles information on medical institutions and pharmacies throughout Japan. You can also search for information on medical institutions that can provide support in foreign languages.

<https://www.iryuu.teikyouseido.mhlw.go.jp/znk-web/juminkanja/S2310/initialize?pref=34>

**Citizens' Affairs Division: Out-of-hours opening**

- 市民課窓口:木曜延長・日曜開庁

The counters of the Citizens' Affairs Division are open until 19:00 on the first and third Thursdays of the month (except national holidays and the new year/year-end period). The dates for February are February 5 and February 19.

In addition, there is Sunday opening on February 8, from 9:00 to 12:00. (There is no Sunday opening on February 22.) Wherever possible, please take someone with you who speaks Japanese. **Please note that divisions other than the Citizens' Affairs Division are not open at these times.** For details of what matters can be dealt with during these extended opening hours, and what you need to bring with you, please access the QR Code to the right to check the city website.

If you have a My Number Card, you can use it to obtain Certificates of Residence, etc., at convenience stores.

Please be aware that formalities relating to My Number Cards cannot be dealt with.

Contact: Citizens' Affairs Division (Shimin-ka, 市民課), tel.: 082-420-0925.

<https://www.city.higashihiroshima.lg.jp/en/3/35917.html>

**Population and households as of the end of December, 2025:**

Population of Higashihiroshima City: 191,300 (67 fewer than November)
Population of foreign residents: 10,085 (9 fewer than November)

Households: 93,505 (42 fewer than November)
Foreign households: 7,954 (26 fewer than November)