

## ◆ Family Notes For Disaster Preparation ◆

Where to evacuate					
Where to meet when the family is separated					
Family members Contacts	Name	Date of birth	Phone (mobile/work/school)	Address	Memo
Family members' emergency information	Name	Blood type	Chronic conditions/ allergies	Household medicine	Primary care hospital
Emergency memo <small>[nursing care, notes to etc.]</small>					
Emergency contacts	Name	Relation	Phone	Location	Address

## ◆ List of disaster management authorities ◆

Authority name	Location	Phone	FAX
Higashiroshima City Office	8-29 Saijo Sakae-machi	082-422-2111 (Main)	
Higashiroshima City Office(Crisis Management Division)	8-29 Saijo Sakae-machi	082-420-0400	082-422-4021
Higashiroshima City Kurose Branch Office	1333 Maruyama, Kurose-cho	0823-82-2400(Main)	0823-83-2403
Higashiroshima City Fukutomi Branch Office	1545-1 Kuba, Fukutomi-cho	082-435-2211(Main)	082-435-2030
Higashiroshima City Toyosaka Branch Office	963-2 Kajiya, Toyosaka-cho	082-432-2211(Main)	082-432-2328
Higashiroshima City Kochi Branch Office	1166 Nakagochi, Kochi-cho	082-437-1111(Main)	082-437-0229
Higashiroshima City Akitsu Branch Office	5556-1 Mitsu, Akitsu-cho	0846-45-1100(Main)	0846-45-4264
Higashiroshima Fire Station	1173-1 Sukezane, Saijo-cho	082-422-6567	082-422-8119
Higashiroshima Fire Station West Branch Office	5-1-6 Hachihonmatsu-Nishi	082-428-0119	082-428-0119
Higashiroshima Fire Station South Branch Office	1496-5 Ohtada, Kurose-cho	0823-82-0119	0823-82-0119
Higashiroshima Fire Station North Branch Office	1118-3 Nomi, Toyosaka-cho	082-432-2119	082-432-2119
Higashiroshima Fire Station East Branch Office	2076-1 Nyuno, Kochi-cho	082-437-0119	082-437-0119
Higashiroshima Fire Station Akitsu Branch Office	4711-1 Mitsu, Akitsu-cho	0846-45-0119	0846-45-3993
Western Hiroshima Prefecture East Public Welfare Environment Office / Health Center	13-10 Saijo Showa-machi	082-422-6911(Main)	082-422-4161
Western Hiroshima Prefecture Construction Office Higashiroshima Branch	13-10 Saijo Showa-machi	082-422-6911(Main)	082-422-7499
Higashiroshima Police Station	4-11 Saijo Showa-machi	082-422-0110	

## ◆ Eye Dragon (information receiving equipment for the hearing impaired) ◆

### Provides information for the hearing impaired at times of disaster.

Eye Dragon is "TV to listen to with your eyes". At times of disaster, the optical alarms will flash and emergency disaster broadcasts will be played. Real-time subtitles and sign language translation are offered for disaster news etc., and is available at certain regional centers.

**Disability Services Division, Higashiroshima City Office**  
Phone 082-420-1080 Fax 082-420-0181

**EYE DRAGON 4**  
Sign language and subtitles on IPTV  
Authorized NPO Broadcast & Communications Institution for the Disabled  
<http://medekiku.jp/eyedragon/>

## ◆ AED (automated external defibrillator) ◆

### If someone has collapsed: Resuscitation using AED

Even if a person passes out, the chances of survival are high if proper treatment is given quickly. "Cardiopulmonary resuscitation", which is performed while waiting for an ambulance after calling the fire station at 119, is extremely important. Resuscitation using electric shock is a very effective first-aid method to save the life of the sick and wounded in cardiac arrest. AED (automated external defibrillator) is a machine that automatically checks the rhythm of the sick and wounded's heart and suggests the required steps with audio messages. Make an effective use of the AED if you see it near you.

#### How to use the AED (universal AED)

- 1) Turn the power on
- 2) Check where to attach the pads and attach.
- 3) Follow the audio message (instruction).



This sign indicates the location of the AED.

Japan Foundation For Emergency Medicine  
National AED Map

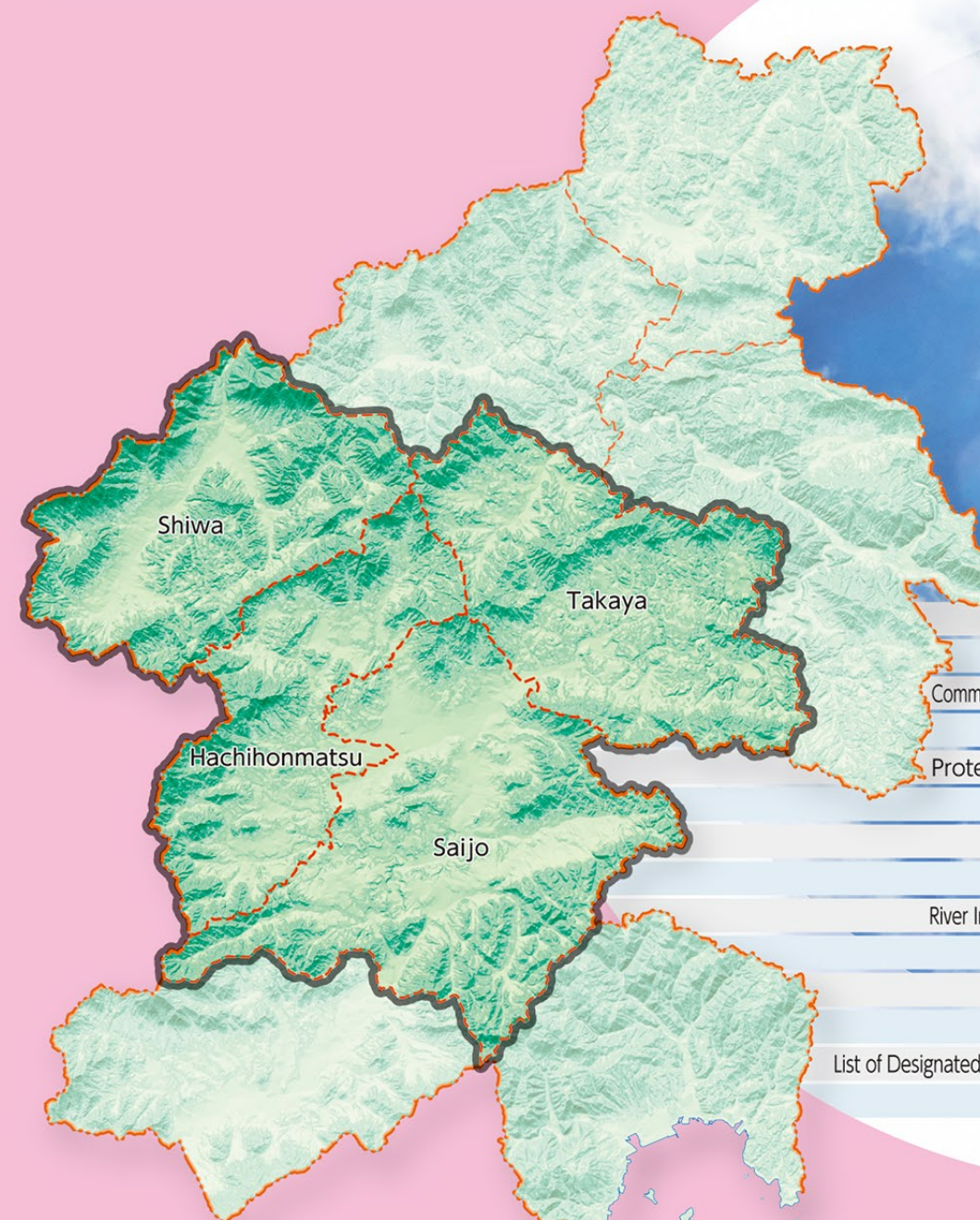
<https://www.qqzaidanmap.jp/>



# HAZARD MAP

Saijo/Hachihonmatsu/Shiwa/Takaya

FLOOD  
LANDSLIDE  
EARTHQUAKE



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For access to Higashiroshimap from smartphones and tablets, use the QR code on the right.

