



4月 学校給食献立表(中学校)

令和8年度 安芸津学校給食センター

Main table containing school lunch menus for April, organized by date (8th to 21st) and categorized by '献立名' (Menu Name) and '食材名' (Ingredient Name). It includes detailed lists of ingredients and their quantities, along with nutritional information (kcal, g) at the bottom of each day's column.

Illustrated section titled '給食はじまるよ〜' (School lunch starts!). It features cartoon characters and text boxes with messages: 'はじめに「いただきます」' (At first, 'Itadakimasu'), '食事の前と後にあいさつをしましょう!' (Let's say hello before and after meals!), 'おわりに「ごちそうさま」' (At the end, 'Gochisousama'), and '4月のお米は、豊栄町でとれた「こしひかり」だpon!' (The April rice is 'Koshihikari' from Toyosaki-cho!).

●:赤のなかまの食べ物(主に体をつくる) ▲:緑のなかまの食べ物(主に体の調子を整える) ■:黄のなかまの食べ物(主にエネルギーのもとになる)